

*Curriculum Vitae***Spencer B. Olmstead, Ph.D., CFLE**

Professor
Department of Child & Family Studies
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Education

- Ph.D. 2010 Marriage and Family Therapy, *Florida State University*
Dissertation: *Responsible fathering and child cognitive development: A longitudinal analysis*
Major Professor: Dr. Kay Pasley
- M.Ed. 2006 Counseling, Family, and Human Services, *University of Oregon*
Specialized in Marriage and Family Therapy
- B.S. 2004 Sociology and Psychology (Dual Major), *Brigham Young University*

Professional Positions

- 2022-present Interim Department Head, Department of Child and Family Studies, *University of Tennessee, Knoxville*
- 2022-present Professor, Department of Child and Family Studies, *University of Tennessee, Knoxville*
- 2016-2022 Associate Professor, Department of Child and Family Studies, *University of Tennessee, Knoxville*
- 2010-2016 Assistant Professor, Department of Child and Family Studies, *University of Tennessee, Knoxville*

Publications

(*current or former student co-author)

Articles in Peer-Reviewed Journals

Olmstead, S. B., *Anders, K. M., & Billen, R. M. (2023). Complexity in emerging adults' emotional reactions to pornography use: It is not all good or bad. *American Journal of Sexuality Education*. Advanced online publication. <https://doi.org/10.1080/15546128.2023.2224122>

Olmstead, S. B., & *Anders, K. M. (2022). Are the developmental features of emerging adulthood associated with willingness to engage in consensually nonmonogamous relationships? *Archives of Sexual Behavior*, 51(3), 1813-1822. <https://doi.org/10.1007/s10508-021-02258-4>

*McMahan, K. D., **Olmstead, S. B.**, *Conrad, K. A., & *Bluhm, J. E. (2021). Effectiveness of a brief sexual health seminar at improving contraception and sexually transmitted infection knowledge among first-semester college students. Advance online publication. *Sexuality Research and Social Policy*. <https://doi.org/10.1007/s13178-021-00649-9>

Olmstead, S. B., *McMahan, K. D., & *Anders, K. M. (2021). Meanings ascribed to sex and commitment among college-attending and non-college emerging adults: A replication and extension. *Archives of Sexual Behavior*, 50(6), 2435-2446. <https://doi.org/10.1007/s10508-021-02042-4>

*McMahan, K. D., & **Olmstead, S. B.** (2021). Are college students' perceptions of the developmental features of emerging adulthood associated with motivations for sex? Implications for research and policy. *Sexuality Research and Social Policy*, 18(2), 450-464. <https://doi.org/10.1007/s13178-020-00457-7>

*McMahan, K. D., & **Olmstead, S. B.** (2020). Motivations against sex and number of sexual partners: A two-study replication and extension. *American Journal of Sexuality Education*, 15(3), 287-309. <https://doi.org/10.1080/15546128.2020.1763881>

Olmstead, S. B. (2020). A decade review of sex and partnering in adolescence and young adulthood. *Journal of Marriage and Family*, 82(2), 769-795. <https://doi.org/10.1111/jomf.12670>

Olmstead, S. B. (2020). Are perceptions of the developmental features of emerging adulthood and endorsement of the hookup culture associated with number of different hookup partners and behavior? *Archives of Sexual Behavior*, 49(4), 1163-1176. <https://doi.org/10.1007/s10508-020-01658-2>

Olmstead, S. B., *Conrad, K. A., & *Davis, K. N. (2020). First-year college students' experiences of a brief sexual health seminar. *Sex Education: Sexuality, Society and Learning*, 20(3), 300-315. <https://doi.org/10.1080/14681811.2019.1654446>

*Anders, K. M., & **Olmstead, S. B.** (2019). "Stepping out of my sexual comfort zone": Comparing the sexual possible selves and strategies of college-attending and non-college emerging adults. *Archives of Sexual Behavior*, 48(6), 1877-1891. <https://doi.org/10.1007/s10508-019-01477-0>

*Anders, K. M., & **Olmstead, S. B.** (2019). A qualitative examination of sexual possible selves and strategies of first-semester college students: How sexual possible selves are developed during the transition to college. *Archives of Sexual Behavior*, 48(6), 1859-1876. <https://doi.org/10.1007/s10508-018-1332-2>

- *Anders, K. M., & **Olmstead, S. B.** (2019). "I hope to remain the same": Continuity and change in college students' sexual possible selves across the first semester. *American Journal of Sexuality Education, 14*(1), 1-31. <https://doi.org/10.1080/15546128.2018.1520669>
- Olmstead, S. B.**, *Anders, K. M., *Clemmons, D. M. A., & *Davis, K. N. (2019). First semester college students' perceptions of and expectations for involvement in the college drinking culture. *Journal of the First-Year Experience & Students in Transition, 31*(1), 51-67.
- Olmstead, S. B.**, *Norona, J. C., & *Anders, K. M. (2019). How do college experience and gender differentiate the enactment of hookup scripts among emerging adults? *Archives of Sexual Behavior, 48*(6), 1769-1783. <https://doi.org/10.1007/s10508-018-1233-4>
- *Roberson, P. N. E., Lenger, K. A., & **Olmstead, S. B.** (2018). Examining how romantic relationship quality influences individual psychological distress over time for men and women. *Journal of Adult Development, 25*(4), 259-269. <https://doi.org/10.1007/s10804-018-9290-4>
- *Roberson, P. N. E., *Norona, J. C., Lenger, K. A., & **Olmstead, S. B.** (2018). How do relationship stability and quality affect wellbeing? Romantic relationship trajectories, depressive symptoms, and life satisfaction across 30 years. *Journal of Child and Family Studies, 27*(7), 2171-2184. <https://doi.org/10.1007/s10826-018-1052-1>
- *Norona, J. C., **Olmstead, S. B.**, & Welsh, D. P. (2018). Betrayals in emerging adulthood: A developmental perspective of infidelity. *Journal of Sex Research, 55*(1), 84-98. <https://doi.org/10.1080/00224499.2017.1342757>
- *Roberson, P. N. E., Lenger, K. A., *Norona, J. C., & **Olmstead, S. B.** (2018). A longitudinal examination of the directional effects between relationship quality and well-being for a national sample of U.S. men and women. *Sex Roles, 78*, 67-80. <https://doi.org/10.1007/s11199-017-0777-4>
- *Sizemore, K. M., & **Olmstead, S. B.** (2018). Willingness of emerging adults to engage in consensual non-monogamy: A mixed-methods analysis. *Archives of Sexual Behavior, 47*(5), 1423-1438. <https://doi.org/10.1007/s10508-017-1075-5>
- Olmstead, S. B.**, *Conrad, K. A., & *Anders, K. M. (2018). First semester college students' definitions of and expectations for engaging in hookups. *Journal of Adolescent Research, 33*(3), 275-305. <https://doi.org/10.1177/0743558417698571>
- *Norona, J. C., Welsh, D. P., **Olmstead, S. B.**, & Bliton, C. F. (2017). The symbolic nature of trust in heterosexual adolescent romantic relationships. *Archives of Sexual Behavior, 46*(6), 1673-1684. <https://doi.org/10.1007/s10508-017-0971-z>
- *Sizemore, K. M., & **Olmstead, S. B.** (2017). Willingness to engage in consensual non-monogamy among emerging adults: A structural equation analysis of sexual identity, casual sex attitudes, and gender. *Journal of Sex Research, 54*(9), 1106-1117. <https://doi.org/10.1080/00224499.2016.1243200>

*Sizemore, K. M., & **Olmstead, S. B.** (2017). A systematic review of research on attitudes towards and willingness to engage in consensual non-monogamy among emerging adults: Methodological issues considered. *Psychology & Sexuality*, 8(1-2), 4-23. <https://doi.org/10.1080/19419899.2017.1319407>

*Sizemore, K. M., & **Olmstead, S. B.** (2017). Testing the validity and factor structure of the Willingness to Engage in Consensual Non-Monogamy Scale among college men and women. *Sexuality Research and Social Policy*, 14(2), 182-191. <https://doi.org/10.1007/s13178-016-0263-8>

Olmstead, S. B., *Anders, K. M., & *Conrad, K. A. (2017). Meanings for sex and commitment among first semester college men and women: A mixed-methods study. *Archives of Sexual Behavior*, 46(6), 1831-1842. <https://doi.org/10.1007/s10508-016-0777-4>

*Norona, J. C., **Olmstead, S. B.**, & Welsh, D. P. (2017). Breaking up in emerging adulthood: A developmental perspective of relationship dissolution. *Emerging Adulthood*, 5(2), 116-127. <https://doi.org/10.1177/2167696816658585>

*Anders, K. M., **Olmstead, S. B.**, & Johnson, E. I. (2017). The sexual possible selves and strategies of first semester college student: What do they hope for and fear and how do they plan to get there? *Journal of Sex Research*, 54(6), 728-740. <https://doi.org/10.1080/00224499.2016.1188877>

*Roberson, P. N. E., *Norona, J. C., Fish, J. N., **Olmstead, S. B.**, & Fincham, F. D. (2017). Do differences matter? A typology of emerging adult romantic relationships. *Journal of Social and Personal Relationships*, 34(3), 334-355. <https://doi.org/10.1177/0265407516661589>

Olmstead, S. B., Pasley, K., & Fincham, F. D. (2017). College men's involvement in friends with benefits relationships. *College Student Journal*, 50(3), 398-403.

Olmstead, S. B., *Roberson, P. N. E., & Fincham, F. D. (2016). Early psychological distress is a precursor to college men's later academic and social adjustment. *College Student Journal*, 50(1), 53-58.

*Roberson, P. N. E., *Fish, J., **Olmstead, S. B.**, & Fincham, F. D. (2015). College adjustment, relationship satisfaction, and conflict management: A cross-lag assessment of developmental "spill-over". *Emerging Adulthood*, 3(4), 244-254. <https://doi.org/10.1177/2167696815570710>

*Roberson, P. N. E., **Olmstead, S. B.**, & Fincham, F. D. (2015). Hooking up during the college years: Is there a pattern? *Culture, Health & Sexuality*, 17(5), 576-591. <https://doi.org/10.1080/13691058.2014.972458>

Olmstead, S. B., *Roberson, P. N. E., Pasley, K., & Fincham, F. D. (2015). Hooking up and risk behaviors among first semester college men: What is the role of pre-college experience? *Journal of Sex Research*, 52(2), 186-198. <https://doi.org/10.1080/00224499.2013.843147>

Garneau, C. L., **Olmstead, S. B.**, Pasley, K., & Fincham, F. D. (2013). The role of family structure and attachment in college student hookups. *Archives of Sexual Behavior*, 42(8), 1473-1486. <https://doi.org/10.1007/s10508-013-0118-9>

Olmstead, S. B., Koon, J. T., Puhlman, D. J., Pasley, K., & Fincham, F. D. (2013). College men, unplanned pregnancy and marriage: What do they expect? *Journal of Sex Research*, 50(8), 808-819. <https://doi.org/10.1080/00224499.2012.692405>

Olmstead, S. B., Negash, S., Pasley, K., & Fincham, F. D. (2013). Emerging adult's expectations for pornography use in the context of future committed romantic relationships: A qualitative study. *Archives of Sexual Behavior*, 42(4), 625-635. <https://doi.org/10.1007/s10508-012-9986-7>

Olmstead, S. B., Pasley, K., & Fincham, F. D. (2013). Hooking up and penetrative hookups: Correlates that differentiate college men. *Archives of Sexual Behavior*, 42(2), 573-583. <https://doi.org/10.1007/s10508-012-9907-9>

Olmstead, S. B., *Billen, R. M., *Conrad, K. A., Pasley, K., & Fincham, F. D. (2013). Sex, commitment, and casual sex relationships among college men: A mixed-methods analysis. *Archives of Sexual Behavior*, 42(2), 561-571. <https://doi.org/10.1007/s10508-012-0047-z>

Futris, T. G., **Olmstead, S. B.**, Pasley, K., Nielsen, R. B. (2012). A fork in the road to high school completion: Exploring adolescent fathers' educational paths. *Fathering*, 10(3), 291-313. <https://doi.org/10.3149/fth.1003.291>

Lambert, N. M., *Negash, S., Stillman, T. F., **Olmstead, S. B.**, & Fincham, F. D. (2012). A love that doesn't last: Pornography consumption and weakened commitment to one's romantic partner. *Journal of Social & Clinical Psychology*, 31(4), 410-438. <https://doi.org/10.1521/jscp.2012.31.4.410>

Olmstead, S. B., Pasley, K., Meyer, A. S., Stanford, P. S., Fincham, F. D., & Delevi, R. (2011). Implementing relationship education with emerging adult college students: Insights from the field. *Journal of Couple & Relationship Therapy*, 10(3), 1-14. <https://doi.org/10.1080/15332691.2011.588093>

Olmstead, S. B., McWey, L. M., & Henderson, T. (2011). In the child's best interest: Terminating the rights of fathers with children in foster care. *Journal of Family Issues*, 32(1), 31-54. <https://doi.org/10.1177/0192513X10375411>

Futris, T. G., Nielsen, R. B., & **Olmstead, S. B.** (2010). No degree, no job: Adolescent mothers' perceptions of the impact that adolescent fathers' human capital has on paternal financial and social capital. *Child and Adolescent Social Work Journal*, 27(1), 1-20.
<https://doi.org/10.1007/s10560-009-0187-8>

Darling, C. A., **Olmstead, S. B.**, & Tiggleman, C. (2010). Persons with AIDS and their support persons: Stress and satisfaction with life. *Stress and Health*, 26(1), 33-44.
<https://doi.org/10.1002/smi.1254>

Olmstead, S. B., Futris, T. G., & Pasley, K. (2009). An exploration of married and divorced, nonresident men's perceptions and organization of their father role identity. *Fathering*, 7(3), 249-268. <https://doi.org/10.3149/fth.0703.249>

Olmstead, S. B., Blick, R. W., & Mills, L. I. (2009). Helping couples work toward the forgiveness of marital infidelity: Therapists' perspectives. *American Journal of Family Therapy*, 37(1), 48-66. <https://doi.org/10.1080/01926180801960575>

Darling, C. A., **Olmstead, S. B.**, Lund, V. E., & Fairclough, J. W. (2008). Bipolar disorder: Medication adherence and life contentment. *Archives of Psychiatric Nursing*, 22(3), 113-126.
<https://doi.org/10.1016/j.apnu.2008.02.004>

Darling, C. A., McWey, L. M., Howard, S. N., & **Olmstead, S. B.** (2007). College student stress: The influence of interpersonal relationships on sense of coherence. *Stress and Health*, 23(4), 215-229. <https://doi.org/10.1002/smi.1139>

Editor-Reviewed Book Chapters & Encyclopedia Entries

*McMahan, K. D., & **Olmstead, S. B.** (2023). Emerging adults' sexual motives and behaviors: Implications for youth sexual health education. In B. Taverner (Ed.), *Sex education research: A look between the sheets* (pp. 220-230). Routledge Press.

Olmstead, S. B., & *Anders, K. M. (2022). Scripting theories. In G. Ritzer & C. Rojek (Eds.), *The Wiley-Blackwell Encyclopedia of Sociology* (2nd ed.). Wiley-Blackwell.

Olmstead, S. B., & *Anders, K. M. (2021). Sexuality in emerging adulthood: A primer on theory. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in emerging adulthood* (pp. 13-22). New York, NY: Oxford University Press.

Olmstead, S. B., & *Anders, K. M. (2021). Sexual activity in the context of romantic relationships. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in emerging adulthood* (pp. 99-116). New York, NY: Oxford University Press.

*Norona, J. C., & **Olmstead, S. B.** (2017). The aftermath of dating relationship dissolution in emerging adulthood: A review. *Intimate relationships and social change: Contemporary perspectives in family research* (Vol. 11, pp. 237-261). Emerald Publishing Limited, Bingley.
<https://doi.org/10.1108/S1530-353520170000011011>

Pasley, K., & **Olmstead, S. B.** (2009). Changing landscape of American family life. In J. H. Bray & M. Stanton (Eds.), *Handbook of family psychology* (pp. 53-67). Boston, MA: Blackwell.

Manuscripts in Preparation

Olmstead, S. B., LeFebvre, L. E., & Allen, M. A meta-analysis of friends with benefits relationships: Sexual and relationship benefits and risks. (Manuscript drafted)

LeFebvre, L. E., **Olmstead, S. B.**, & Allen, M. Friends with benefits relationships meta-analysis: Exploring relationship outcomes and processes. (Manuscript drafted)

Olmstead, S. B., *Anders, K. M., & *Davis, K. N. Emerging adults' definitions of hooking up: A messy endeavor. (Manuscript drafted)

*McMahan, K. D., & **Olmstead, S. B.** A systematic critical review of the literature on the disclosure of sexually transmitted infections to sexual partners. (Manuscript drafted)

*McMahan, K. D., & **Olmstead, S. B.** How do emerging adults think they would react to a partner's sexually transmitted infection disclosure? Developing and analyzing the STI disclosure reactions measure (SDRM). (Manuscript drafted)

*McMahan, K. D., & **Olmstead, S. B.** Emerging adults as sexually transmitted infection disclosure recipients: Effects of gender, relationships type, and STI type on disclosure reactions. (Manuscript drafted)

*McMahan, K. D., & **Olmstead, S. B.** Reasons to disclose or not disclose a sexually transmitted infection to a sexual partner: A symbolic interaction theory perspective. (Manuscript drafted)

Olmstead, S. B., & *Anders, K. M. Emerging adults' recent hookup experiences: Differences based on college status and sex/gender. (Drafting manuscript; Data analyzed)

Olmstead, S. B., & *Anders, K. M. Testing a sex-focused measure of the developmental features of emerging adulthood. (Drafting manuscript; Data analyzed)

Book Reviews

Olmstead, S. B. (2010). Book review of "Common factors in couple and family therapy: The overlooked foundation for effective practice" by Sprenkle, D. H., Davis, S. D., & Lebow, J. L. *Journal of Couple and Relationship Therapy*, 9, 364-365.

Olmstead, S. B. (2008). Book review of "Spiritually integrated psychotherapy: Understanding and addressing the sacred" by Pargament, K. I. *Journal of Marital and Family Therapy*, 34, 513.

Olmstead, S. B. (2008). Book review of “Couple skills: Making your relationship work (2nd ed.)” by McKay, M., Fanning, P., & Paleg, K. *Journal of Couple and Relationship Therapy*, 7, 82-83.

Pasley, K., & **Olmstead, S. B.** (2007). Book review of “Why fathers count: The importance of fathers and their involvement with children” edited by Brotherson, S. E., & White, J. M. *Fathering*, 5, 246-249.

Funding Activity

- 2022 The Birds, The Bees, The Parents’ Needs: Parent-Child Sexual Communication within Faith-Based Communities. Application for Research-Focused Seed/Pilot Projects, Office of Research & External Funding (\$10,000; not funded). PI: S.B. Olmstead.
- 2022 Conducting a needs assessment among foster care and adoptive parents. Mini-grant mechanism, UTK Office of Diversity and Engagement (\$1,000; funded). PI: Erica Mitchell; Co-PIs: S.B. Olmstead, J. Jabson Tree, K. Gordon.
- 2022 The Birds, The Bees, The Parents’ Needs: Parent-Child Sexual Communication among Faith-Based Communities. Phase I Large Grant, Trinity Health Foundation (\$14,995; not funded). PI: S.B. Olmstead.
- 2021 Emerging Adults Involved in Consensually Nonmonogamous Relationships: An Understudied Population. Society for the Study of Emerging Adulthood Small Grants Program (\$1,000.00, not funded). PI: S.B. Olmstead.
- 2020 It’s Complicated: Studying Emerging Adults’ Romantic and Sexual Relationships. Southeastern Conference (SEC) Visiting Faculty Travel Grant Program (\$1,025.00, Funded). PI: S.B. Olmstead.
- 2020 Promoting Effective Parent-Child Communication about Sex. Phase 1 Large Grant, Trinity Health Foundation (\$15,000; one-page limited submission proposal not chosen). PI: S.B. Olmstead.
- 2017 Sex, Commitment and Relationship Configuration Preferences among Emerging Adults. Semester Research Assistants Program, University of Tennessee Office of Undergraduate Research (\$2,250.00, Funded). Student: Kevin Treadway. Mentor: S. B. Olmstead.
- 2016 Behavioral, Economic, and Social Track for Summer Undergraduate Research Experiences (BEST-SURE). Research Experiences for Undergraduates (REU), National Science Foundation (\$284,562, not funded). PI: S.B. Olmstead; co-PI: Sally McMillan.
- 2015 Promoting First Year College Students’ Sexual Health: Testing a Brief Sexual Health Seminar. Visionary Grants, American Psychological Foundation (\$20,000, not funded). PI: S.B. Olmstead.

- 2015 Revising a Parent-Child Sexual Education Intervention to Increase Utility for Contemporary Youth and Families. Phase 1 Large Grant, Trinity Health Foundation (\$15,000; one-page limited submission proposal not chosen). Co-PIs: S.B. Olmstead & H.S. Wallace.
- 2015 University of Tennessee Undergraduate Summer Research Internship. Investigating college student perceptions of catfishing: An online relationship phenomenon (\$2,000, not funded). Student: Kayley Davis. Mentor: S.B. Olmstead.
- 2014 University of Tennessee Teaching and Learning Center, 2014 Creative Teaching Grant, Re-designing CFS 240: Human Sexuality (\$3,500, funded). PI: S.B. Olmstead.
- 2014 SARIF-GRA award to support a graduate assistant to analyze data from the Promoting the Sexual Health and Wellbeing of First Year Students project, University of Tennessee Office of Research (\$3,600, funded). PI: S.B. Olmstead.
- 2013 University of Tennessee, Professional Development Award research project: Promoting the Sexual Health and Wellbeing of First Year Students (\$2,780, funded). PI: S.B. Olmstead.
- 2009 Florida State University, College of Human Sciences, Development Award research project: Implementing Empirically Supported Parent Education for At-risk Families (\$6,000, funded). PI: K. Pasley, Co-PIs: L.M. McWey, R.E. Lee, & S.B. Olmstead.
- 2009 American Education Research Association Dissertation Grant, Responsible fathering and children's cognitive outcomes: A longitudinal analysis. (\$20,000, not funded). PI: S.B. Olmstead.

Scholarly Presentations

(* indicates current or former graduate student; *** indicates undergraduate student)

Organized Symposia

Olmstead, S. B. (2018, November). *Emerging adult relationships: Casual, committed, and spicing it up*. Poster symposium presented at the annual meeting of the National Council on Family Relations, San Diego, CA. (Organizer and Facilitator)

Organized Preconference Workshops

Olmstead, S. B., Willoughby, B. L. B., *Anders, K. M., & Sibley, D. S. (2021, November). *Sexuality and romantic relationships topic network preconference workshop*. Workshop presented at the 10th conference meeting of the Society for the Study of Emerging Adulthood, Virtual Conference (Co-Organizer and Facilitator).

Olmstead, S. B., Willoughby, B. L. B., *Anders, K. M., & Sibley, D. S. (2019, October). *Sexuality and romantic relationships topic network preconference workshop*. Workshop

presented at the 9th conference meeting of the Society for the Study of Emerging Adulthood, Toronto, ON, Canada (Co-Organizer and Facilitator).

Peer-Reviewed Conference Presentations

Graf, A. S., Hannah-Walker, V., Anders, K. M., & **Olmstead, S. B.** (2023, June). Expanding sexual possible selves into a lifespan model. Poster presented at the annual meeting for the Psychological Study of Social Issues, Denver, CO.

LeFebvre, L. E., **Olmstead, S. B.**, & Allen, M. (2022, November). *Friends with benefits relationships meta-analysis: Exploring relationship outcomes and processes*. Paper presented at the annual meet of the National Communication Association, New Orleans, LA.

Olmstead, S. B., & *Anders, K. M. (2022, November). *Emerging adults' recent hookup experiences: Differences based on college status and sex/gender*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

*Bluhm, J. E., **Olmstead, S. B.**, & *Anders, K. M. (2022, November). *"Good girl syndrome": An empirical exploration of a cultural construct*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Olmstead, S. B., LeFebvre, L. E., & Allen, M. (2022, August). *Friends with benefits relationships: A meta-analysis of the sexual and mental health effects*. Paper presented at the annual meeting of the International Association for Relationship Research, Virtual Meeting.

Olmstead, S. B. & *Anders, K. M. (2021, November). *Sexuality in emerging adulthood: A primer on theory*. Chapter presented in the symposium session, Sexuality in emerging adulthood: Flourishing and floundering. (Organized and Chaired by Dr. Elizabeth Morgan). Presented at the 10th conference meeting of the Society for the Study of Emerging Adulthood, Virtual Meeting.

*Bluhm, J. E., & **Olmstead, S. B.** (2021, November). *Is the "red-zone" white? Associations between racialized identity, sex assigned at birth, and college sexual assault experiences*. Paper presented at the 10th conference meeting of the Society for the Study of Emerging Adulthood, Virtual Meeting.

*McMahan, K. D., & **Olmstead, S. B.** (2021, November). *How would you react? Developing and analyzing the sexually transmitted infection (STI) disclosure reactions (SDR) measure*. Paper presented at the annual meeting of the National Council on Family Relations, Virtual Meeting.

*McMahan, K. D., & **Olmstead, S. B.** (2021, November). *Emerging adults as sexually transmitted infection (STI) disclosure recipients: Effects of gender, relationship type, and STI type on disclosure reactions*. Paper presented at the 10th conference meeting of the Society for the Study of Emerging Adulthood, Virtual Meeting.

Olmstead, S. B. & *Anders, K. M. (2021, July). *Features of emerging adulthood and willingness to engage in consensual nonmonogamy*. Paper presented as a data blitz at the annual meeting of the International Association for Relationship Research, Virtual Meeting.

*McMahan, K. D., **Olmstead, S. B.**, *Conrad, K. A., & *Bluhm, J. E. (2020, November). *Examining the effect of a sexual health seminar on incoming first-year college students' contraception knowledge: A quasi-experimental design*. Paper presented at the annual meeting of the National Council on Family Relations, Virtual Meeting.

*Bluhm, J. E., & **Olmstead, S. B.** (2020, November). *Guiding a sexual consent education discussion for adolescents and young adults*. Resource exchange presented at the annual meeting of the National Council on Family Relations, Virtual Meeting.

Olmstead, S. B. (2019, November). *Hooking up and hookup behaviors: The role of the perception of emerging adulthood and hookup culture features*. Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

*Davis, K. N., & **Olmstead, S. B.** (2019, November). *Reasons to disclose or not disclose a sexually transmitted infection to a sexual partner: A symbolic interaction theory perspective*. Paper presented at the Theory Construction and Research Methodology (TCRM) Preconference at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

Olmstead, S. B., *Anders, K. M., & *Davis K. N. (2019, October). *What can be learned from emerging adults' definitions of hookups?* Paper presented in the paper symposium, Romantic relationships and sexual behavior during emerging adulthood: Are they separate worlds or compose together the developmental process? (Organized and Chaired by Dr. Shmuel Shulman). Paper presented at the 9th conference meeting of the Society for the Study of Emerging Adulthood, Toronto, ON, Canada.

*Anders, K. M., & **Olmstead, S. B.** (2019, October). *The relationship between sexual identity development and motivations for sex among a sample of college and non-college emerging adults*. Paper presented at the 9th conference meeting of the Society for the Study of Emerging Adulthood, Toronto, ON, Canada.

Olmstead, S. B., *Davis, K. N., **Treadway, K. M., & *Anders, K. M. (2018, November). *Sex and commitment among college-attending and non-college emerging adults*. Poster presented at the annual meeting of the National Council on Family Relations, San Diego, CA.

*Davis, K. N., & **Olmstead, S. B.** (2018, November). *Motivations against sex and lifetime sexual partners: A two-study approach*. Lightning paper presented at the annual meeting of the National Council on Family Relations, San Diego, CA.

Olmstead, S. B., *Norona, J. C., & *Anders, K. M. (2017, November). *Emerging adults' hookup scripts: Differences based on sex and college attendance?* Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

*Anders, K. M., & **Olmstead, S. B.** (2017, November). *An examination of developmental influences on emerging adults' sexual identities*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Olmstead, S. B., & *Anders, K. M. (2017, November). *Emerging adults' emotional reactions to pornography use: Influences and outcomes*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Washington, D.C.

*Anders, K. M., & **Olmstead, S. B.** (2017, November). *Comparing the sexual possible selves and strategies of college attending versus non-college attending emerging adults*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Washington, D.C.

Halladay, M. V., *Anders, K. M., & **Olmstead, S. B.** (2017, November). *Sexting behaviors and sexual identity among emerging adults (college and non-college)*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Washington, D.C.

Olmstead, S. B., *Anders, K. M., & *Conrad, K. A. (2016, November). *Meanings for sex and commitment among first semester college students*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

*Anders, K. M., **Olmstead, S. B.**, & Moore, E. W. (2016, November). *Emerging adults' sexual identity, pluralistic ignorance, and sexual hookups*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

*Sizemore, K. M., & **Olmstead, S. B.** (2016, November). *Willingness to engage in consensual non-monogamy: A mixed-methods study*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Moore, E. W., **Brow, S., & **Olmstead, S. B.** (2016, April). *Relationship familiarity and alcohol use influence beliefs about hooking up*. Paper presented at the annual meeting of the Southeastern Psychological Association, New Orleans, LA.

Olmstead, S. B., *Conrad, K. A., & **Davis, K. N. (2015, November). *Sex on campus: An examination of first semester college students' experiences in a brief sexual health seminar*. Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, Albuquerque, NM.

*Sizemore, K. M., & **Olmstead, S. B.** (2015, November). *The relationship between women's retrospective reports of desire at first intercourse and their sexual assertiveness with current partner*. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Albuquerque, NM.

*Roberson, P. N. E., **Olmstead, S. B.**, & Gordon, K. C. (2015, November). *Relationship quality and individual wellbeing: Measuring static and dynamic change*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

Olmstead, S. B., *Anders, K. M., & **Clemmons, D. M. A. (2015, October). *Perceptions of and expectations for involvement in the college drinking culture*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Miami, FL.

*Anders, K. M., **Olmstead, S. B.,** & Johnson, E. I. (2015, October). *The sexual possible selves and strategies of first semester college men and women*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Miami, FL.

Olmstead, S. B., *Conrad, K. A., & **Moore, S. M. (2014, November). *First semester college students' understandings of hooking up*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.

*Roberson, P. N. E., **Olmstead, S. B.,** & *Sizemore, K. M. (2014, November). *First semester college students' hookup perceptions and intentions*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.

*Conrad, K. A., & **Olmstead, S. B.** (2014, November). *The meaning and process of dating among gay and lesbian emerging adults*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.

*Stone, E., **Olmstead, S. B.,** Blick, R. W., *Mills, L. I. (2013, November). *Forgiveness and infidelity: The role of grief/loss, empathy, and rebuilding trust*. Paper presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.

*Roberson, P. N. E., Negash, S., **Olmstead, S. B.,** & Fincham, F. D. (2013, November). *Emerging adults' emotional reactions to hookups: Hookup behavior and gender matter*. Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.

Olmstead, S. B., *Conrad, K. A., & Heuett, K. (2013, November). *Sex on campus: Promoting the sexual health of college freshmen*. Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.

Fish, J., *Roberson, P. N. E., **Olmstead, S. B.,** & Fincham, F. D. (2013, October). *Romantic relationships predict later college adjustment*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Chicago, IL.

Olmstead, S. B., *Roberson, P. N. E., & Fincham, F. D. (2013, October). *Early psychological distress affects college men's later academic and social adjustment*. Poster presented at the annual meeting of the Society for the Study of Emerging Adulthood, Chicago, IL.

Olmstead, S. B., *Roberson, P. N. E., Fincham, F. D., & Pasley, K. (2012, November). *First semester college men's hookups: The role of pre-college risk behavior*. Paper presented at the annual meeting of the National Council on Family Relations, Phoenix, AZ.

*Roberson, P. N. E., **Olmstead, S. B.**, & Fincham, F. D. (2012, November). *Does it go up or down? An investigation of college hookup patterns using survival analysis and logistic regression*. Paper present as a part of Theory Construction and Research Methodology at the annual meeting of the National Council on Family Relations, Phoenix, AZ.

Garneau, C. L., **Olmstead, S. B.**, Pasley, K., & Fincham, F. D. (2012, November). *The role of family structure and attachment in college student hookups*. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Tampa, FL.

Olmstead, S. B., Billen, R. M., *Conrad, K. A., Pasley, K., & Fincham, F. D. (2011, November). *For love, fun, or some of both: The meaning of sex and risky sexual behaviors among emerging adult men*. Paper presented at the annual meeting for the National Council on Family Relations, Orlando, FL.

Olmstead, S. B., Billen, R. M., Pasley, K., & Fincham, F. D. (2011, October). *Exploring college men's friends with benefits relationships*. Paper presented at the annual meeting of the Society for the Study of Emerging Adulthood, Providence, RI.

Olmstead, S. B., & Pasley, K. (2010, November). *College men who "hook up": The difference that makes a difference?* Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Fortner, L., **Olmstead, S. B.**, Cobb, B., Pilkington, S., & Pasley, K. (2010, November). *College students and contraception: Deciding, using, and discussion*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Negash, S., Lambert, N. M., **Olmstead, S. B.**, Stillman, T. S., & Fincham, F. D. (2010, November). *A love that doesn't last: Pornography consumption weakens commitment to a romantic partner*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Koon, J. T., Pasley, K., & **Olmstead, S. B.** (2010, November). *Father-daughter relationship quality and daughter sexual activity*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Olmstead, S. B., Koon, J. T., Puhlman, D. J., & Pasley, K. (2009, November). *To raise or not to raise: College men's expectations about unplanned pregnancy*. Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.

Olmstead, S. B., McWey, L. M., & Henderson, T. L. (2009, October). *In the child's best interest: Fathers, child, and foster care*. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Sacramento, CA.

Olmstead, S. B., Pasley, K., Fincham, F. D. & the Project RELATE Team. (2008, November). *Implementing relationship education with young adults: Insights from the field*. Paper presented at the annual meeting of the National Council on Family Relations, Little Rock, AR.

Pasley, K., & **Olmstead, S. B.** (2008, August). *Developing a national model of marriage education: Project RELATE*. Presentation at the annual grantee conference of the Office of Family Assistance, Washington, DC.

Darling, C. A., **Olmstead, S. B.**, & Tiggleman, C. (2007, November). *Family functioning and life satisfaction of PWAs and their support persons*. Paper presented at the annual meeting of the National Council on Family Relations, Pittsburgh, PA.

Meyer, A. S., & **Olmstead, S. B.** (2007, November). *Infertility and the family distress model: Implications for clinicians and researchers*. Poster presented at the annual meeting of the National Council on Family Relations, Pittsburgh, PA.

Olmstead, S. B., Blick, R. W., & Mills, L. I. (2007, October). *Common components of forgiveness of marital infidelity*. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Long Beach, CA.

Olmstead, S. B. (May 2007). *Forgiveness as a psychotherapeutic intervention with individuals, couples, and families*. Poster presented at the annual meeting of the Florida Association of Marriage and Family Therapy, Orlando, FL.

Olmstead, S. B. (2004, April). *Tightening the bonds of marriage in the face of job loss*. Paper presented at the annual meeting of the Pacific Sociological Association, San Francisco, CA.

Peer-Reviewed Conference Workshops

Olmstead, S. B., & Stanford, P. (2007, October). *Marital infidelity: Exploring forgiveness as an intervention*. Clinical workshop presented at the annual meeting of the American Association of Marriage and Family Therapy, Long Beach, CA.

Invited Presentations

Olmstead, S. B. (2022, October). *Communicating difficult feedback*. Presentation given at the 2022 First Annual Ombuds Day Celebration, University of Tennessee, Knoxville, TN.

Olmstead, S. B., & Sizemore, K. M. (2022, May). *A developmental approach to understanding attitudes towards and willingness to engage in consensually nonmonogamous relationships among emerging adults: Implications for research and relationship education*. Presentation given at the 2022 Sexual Health Alliance Online Summit: Trailblazers in CNM Research and Education.

Olmstead, S. B. (2021, November). *Reflecting on the past and looking to the future: Sexual behavior*. Presentation given as a part of the Presidential Symposium (Organized and Chaired by Dr. Larry Nelson, outgoing president of SSEA). Presented at the 10th conference meeting of the Society for the Study of Emerging Adulthood, Virtual Meeting.

*McMahan, K. D. & **Olmstead, S. B.** (2021, November). *A systematic critical review of the literature on the disclosure of sexually transmitted infections to sexual partners*. Paper presented at the Sexuality and Romantic Relationships Topics Network Preconference meeting at the 10th Meeting of the Society for the Study of Emerging Adulthood Conference, Virtual Meeting.

*Bluhm, J. E., & **Olmstead, S. B.** (2021, May). *Is the “red-zone” white? Associations between racialized identity, sex assigned at birth, and college sexual assault experiences*. Invited presentation to the University of Tennessee Title IX Prevention Team, University of Tennessee, Knoxville.

*McMahan, K. D., & **Olmstead, S. B.** (2020, August). *Wait, emerging adults have motivations against sex? A two-study replication and extension examining motivations and sexual partner number, with implications for research and sex education*. Invited presentation for the American Journal of Sexuality Education lecture series (conducted via Zoom).

Olmstead, S. B. (2019, November). *I have an academic job, now what?* Member of Discussion Panel hosted by the Students and New Professionals Section at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

Olmstead, S. B. (2019, September). *World sexual health day: The birds, the bees, and the basics*. Member of Discussion Panel hosted by the University of Tennessee Center for Health Education and Wellness (CHEW), University of Tennessee, Knoxville.

Olmstead, S. B., & Anders, K. M. (2016, September). *Emerging adult sexuality: Development, meanings, and exposure to health risks*. Invited presentation at the University of Tennessee’s Center for Health Education and Wellness (CHEW) Lunch and Learn meeting, University of Tennessee, Knoxville.

Olmstead, S. B. (2016, April). *Perceptions of and expectations for involvement in the college drinking culture among first semester college men and women: A mixed-methods study*. Invited presentation at the University of Tennessee Join the University Minority Program (JUMP) overnight visit program, University of Tennessee, Knoxville.

Olmstead, S. B. (2015, October). *Perceptions of and expectations for involvement in the college drinking culture among first semester college men and women: A mixed-methods study*. Invited presentation at the University of Tennessee MicNite, University of Tennessee, Knoxville.

Olmstead, S. B. (2015, April). *Father involvement and child cognitive development*. Invited discussion at the University of Tennessee Early Learning Center parent meeting, the University of Tennessee, Knoxville.

Olmstead, S. B. (2015, April). *Don’t be a dummy: Creating a healthy sexuality*. Presentation given at the University of Tennessee’s annual Sex Week, University of Tennessee, Knoxville.

Olmstead, S. B. (2015, March). *Finding our WAE: Examining and promoting wellbeing for adolescents and emerging adults*. Keynote address for the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee, Knoxville.

Olmstead, S. B. (2014, May). *Fathering young children*. Invited discussion at the University of Tennessee Early Learning Center parent meeting, the University of Tennessee, Knoxville.

Olmstead, S. B. (2014, February). *Developing your program of research*. Invited presentation for the annual Quint State conference, the University of Tennessee, Knoxville.

Olmstead, S. B. (2013, November). *Marriage and communication*. Invited presentation for the Time Out for Families event. Knoxville, TN.

Olmstead, S. B. (2012, November). *Parents promoting adolescents' sexual health and wellbeing*. Invited presentation to parents of Webb School of Knoxville sophomores. Knoxville, TN.

Olmstead, S. B. (2012, February). *Love: What it is and isn't*. Invited presentation given at the Apartment Residence Hall, The University of Tennessee, Knoxville, TN.

Olmstead, S. B. (2008, March). *Providing peer education that makes a difference: Stress management, time management, and study skills*. Address to the RENEW organization, Florida State University, Tallahassee, FL.

Other Presentations and Addresses

*Bluhm, J. E., & **Olmstead, S. B.** (2022, March). *For better or for worse?: Religiosity and committed relationships*. Presentation given at the Knoxville Family Justice Center's Violence Awareness and Prevention Conference, Knoxville, Tennessee.

Treadway, K. M., *Davis, K. N., & **Olmstead, S. B. (2018, April). *Does hookup partner type matter? Condoms, drunkenness, and emotional reactions*. Poster presented at the Exhibition of Undergraduate Research and Creative Achievement, the University of Tennessee, Knoxville.

*Davis, K. N., & **Olmstead, S. B.** (2018, March). *Wait, college students have motivations against sex?* Poster presented at the College of Education, Health, and Human Sciences Graduate Student Research Colloquium, Knoxville, Tennessee.

*Davis, K. N., & **Olmstead, S. B.** (2018). *Motivations against sex and lifetime sexual partners: A two-study approach*. Child and Family Studies Colloquium, Knoxville, Tennessee.

*Davis, K. N., & **Olmstead, S. B.** (2017, March). *Reasons for having sex among emerging adults: A developmental perspective*. Poster presented at the annual meeting of the Southeastern Council on Family Relations, Charlotte NC.

Olmstead, S. B. (2015, April). *What is NCFR and how do I submit a proposal to their annual meeting?* Presentation given at a professional development workshop for the Child and Family Studies Graduate Student Organization, University of Tennessee, Knoxville.

*Anders, K. M., **Olmstead, S. B.**, & Johnson, E. I. (2015, March). *Sexual possible selves in emerging adulthood*. Paper presented at the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee.

*Conrad, K. A., **Olmstead, S. B.**, & **Davis, K. N (2015, March). *First semester college students' perceptions of a brief sexual health seminar: Preliminary findings*. Poster presented at the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee.

Olmstead, S. B., *Anders, K. M., & **Clemmons, D. M. A. (2015, February). *Perceptions of and expectations for involvement in the college drinking culture among first semester college men and women*. Child and Family Studies Colloquium, University of Tennessee, Knoxville.

Clemmons, D. M. A., & **Olmstead, S. B. (2014, April). *What do they know and how useful is it: Sex education and knowledge among college freshmen*. Poster presented at the annual Exhibition of Undergraduate Research and Creativity, the University of Tennessee, Knoxville.

Moore, S. M., **Olmstead, S. B., & *Conrad, K. A. (2014, April). *First semester college students' understandings of "hooking up."* Poster presented at the annual Exhibition of Undergraduate Research and Creativity, the University of Tennessee, Knoxville.

Miller, M. E., **Faust, M., **Yount, K., *Roberson, P. N. E., *Heuett, K., & **Olmstead, S. B. (2014, April). *Gender differences of misrepresentation in online relationships*. Poster presented at the annual Exhibition of Undergraduate Research and Creativity, the University of Tennessee, Knoxville.

Olmstead, S. B. (2014, February). *Relationship communication: The good, the bad, and the ugly*. Invited presentation for Enrichment Meeting of the Church of Jesus Christ of Latter-Day Saints, Knoxville, TN.

*Roberson, P. N. E., **Olmstead, S. B.**, & Fincham, F. D. (2013, March). *Does it go up or down? Examining college students' hookup pattern by comparing cross-sectional survival analysis and logistic regression*. Child and Family Studies Colloquium, University of Tennessee, Knoxville.

Olmstead, S. B., Billen, R. B., & *Conrad, K. A. (2012, November). *Sex, commitment, and casual sex relationships among college men: A mixed-methods analysis*. Child and Family Studies Colloquium, University of Tennessee, Knoxville.

Olmstead, S. B. (2011, February). *Preparing a proposal submission for the National Council on Family Relations annual conferences*. Workshop given to the Child and Family Studies Graduate Student Organization, Knoxville, TN.

Teaching Experience

Undergraduate Courses

The University of Tennessee, Knoxville

CFS 220: Marriage and Family: Roles and Relationships

CFS 240: Human Sexuality

CFS 395: Introduction to Research Methods and Statistics

FYS 129: Developing Healthy Romantic Relationships (First year studies seminar)

FYS 129: Sex on Campus (First year studies seminar)

Florida State University

FAD 2230: Family Relationships: A Life-span Development Approach

Graduate Courses

The University of Tennessee, Knoxville

CFS 535: Couple Relationships

CFS 550: Family Theory

CFS 570: Research Methods in Child and Family Studies

CFS 572: Professional Seminar 1: Introduction to Child and Family Studies

CFS 580: Special Topics in Child and Family Studies: Couple Relationships

CFS 672: Professional Seminar 2: Professional Socialization

Curriculum Development

2010, Summer	Responsibilities: Assist in the development of course curriculum, readings, assignments, syllabus, and activities for an online undergraduate course FAD 2230: Family Relationships Florida State University Supervisor: Dr. Tom Cornille
2009, Summer	Responsibilities: Develop course curriculum, readings, assignments, syllabus, and activities for doctoral-level seminar course Responsible Conduct of Research & Creativity & Professional Standards Florida State University Supervisors: Dean Billie Collier & Dr. Mary Ann Moore

Graduate Student Committees

(* indicates role as committee chair)

Completed (Master's Degree Students)

*Mandeep Brar, Child & Family Studies, completed Spring 2023

*Kendall N. Diggs, Child & Family Studies, completed Spring 2023

*Jenae E. Bluhm, Child & Family Studied, completed Spring 2021

Siera Schwanz, Child & Family Studies, completed Spring 2020

Shelby Clouthier, Child & Family Studies, completed Spring 2020
 Rachel Guy, Child & Family Studies, completed Fall 2019
 Shahad Subiani, Child & Family Studies, completed Spring 2019
 Amanda Capannola, Child & Family Studies, completed Summer 2018
 *Kayley N. Davis, Child & Family Studies, completed Spring 2018
 Kendra Berry, Child & Family Studies, completed Spring 2016
 Katherine Gibson, Child & Family Studies, completed Spring 2015
 Stephanie Herzog, Child & Family Studies, completed Spring 2015
 Kristin M. Anders, Child & Family Studies, completed Summer 2014
 *Kathryn A. Conrad, Child & Family Studies, completed Spring 2013

In Progress (Master's Degree Students)

Hope Roderick, Child & Family Studies, expected completion Spring 2024

Completed (Doctoral Degree Students)

Wendy McLean Cooke, Child and Family Studies, completed Summer 2022
 *Kayley D. McMahan, Child & Family Studies, completed Spring 2021
 *Geoffrey R. Mabe, Child & Family Studies, completed Fall 2020
 Jerika C. Norona, Clinical Psychology, completed Summer 2018
 JoAnna M. Elmquist, Clinical Psychology, completed Summer 2018
 T. Daniel White, Organizations & Strategy, completed Summer 2017
 Jessica A. Hughes, Clinical Psychology, completed Summer 2017
 Heather C. Zapor, Clinical Psychology, completed Summer 2017
 *Kristin M. Anders, Child & Family Studies, completed Spring 2017
 Sarah Mauck, Clinical Psychology, completed Summer 2016
 *Kathryn A. Conrad, Child & Family Studies, completed Summer 2016
 *Kayla M. Sizemore, Child & Family Studies, completed Summer 2016
 Emily Stone, Child & Family Studies, completed Fall 2015
 *Patricia N. E. Roberson, Child & Family Studies, completed Fall 2014
 Jennifer Zorotovich, Child & Family Studies, completed Summer 2014
 Carolyn Spellings, Child & Family Studies, completed Spring 2014

In progress (Doctoral Degree Students)

David Tierney, Counseling Psychology, expected completion Spring 2024
 Alisa R. Garner, Clinical Psychology, expected completion Spring 2024

Licensure/Certification

2021 Certified Family Life Educator
 2016 Certified Family Life Educator (Provisional)
 2009 Certificate, Educational Measurement and Statistics, Department of Educational
 Psychology and Learning Systems, Florida State University
 2006 Program for Instructional Excellence
 2006 Certified Trainer, *Within My Reach*, PREP Inc., Denver, CO

Specialized Training/Workshops (attended)

- 2023 -Introduction to Zero Inflated Models
- Introduction to Poisson Regression
- Interaction and Non-Linear Models
- Introduction to Logistic Regression
- Community-Based Participatory Research Design
- Forming and Implementing a Needs Assessment
- 2022 Certified Family Life Education Summit (Online Workshops, June 2022)
- 2022 NCFR Quantitative Webinar Series
- Introduction to Multiple Regression
- Introduction to Moderated Regression
- Introduction to Mediated Regression
- Introduction to Moderated Mediated Regression
- 2021 NCFR Quantitative Webinar Series
- Introduction to T-Tests
- Fundamentals of Probability and Correlation
- Introduction to Odds Ratio
- Survival Analysis in STATA, Part 1
- Survival Analysis in STATA, Part 2
- 2013 Qualitative Data Analysis with Atlas.ti, Portland, OR (Dr. Ricardo B. Contreras)
- 2011 National Longitudinal Surveys of Youth Data, TCRM workshop, Orlando, FL
- 2011 Summer Institute on Research Methodology, Introduction to Stata and Multilevel/Growth Curves Using Stata, Oregon State University
- 2009 Analyzing Panel and Multilevel Data Using Stata, TCRM workshop, San Francisco, CA
- 2009 The Incredible Years: Parents, Teachers, and Children Training Series, Parent Group Leader Training, Florida State University
- 2009 Summer Institute on Research Methodology, Introduction to Mplus and Latent Growth Curve Modeling using Mplus, Oregon State University
- 2007 Iowa Family Interaction Ratings Scale, TCRM workshop, Pittsburgh, PA

Clinical Experience

- 2009 – 2010 Clinical/Academic Intern, Project RELATE, FSU Family Institute, Tallahassee, FL
Responsibilities: assist in administration of intervention; supervise Marriage Educators; oversee data collection and analysis; manuscript preparation and submission; mentor undergraduate and master's level researchers. Clinical Supervisor: Dr. Lucy Byno, PhD, LMFT
Academic Supervisors: Drs. Frank Fincham (PI) and Kay Pasley (Co-PI)
- 2006 – 2009 Therapist Intern, Center for Couple and Family Therapy, Florida State University, Tallahassee, FL
Responsibilities: Individual, couple, and family treatment; supervised visitation; case collaboration; developing treatment plans
Supervisors: Drs. Larry Barlow, Lenore McWey, Lucy Byno

- 2005 – 2006 Therapist Intern, Center for Family Therapy, University of Oregon
Responsibilities: Individual, couple, and family treatment; case collaboration; developing and carrying out treatment plans
Supervisors: Drs. Jeff Todahl, Deanna Linville, John Miller, Doug Smith
- 2005 – 2006 Therapist Intern, Creating Healthy Options in Confronting Exploitive Sexuality (C.H.O.I.C.E.S.), Eugene, OR
Responsibilities: Cognitive-behavioral group sex offender treatment
Supervisor: Dr. Steven Mussack

Service

University Service (University of Tennessee)

- 2023 Member, Program Review Committee, College of Social Work
- 2022-present Member, University of Tennessee Institutional Review Board
- 2021-present Member, Title IX/Relationship and Sexual Violence Prevention Team
- 2021-2022 Member, UT Strengths-Mindset Advisory Council
- 2018 Member, Program Review Committee, Department of Psychology
- 2015-2018 Member, Community of Scholars to Explore Student Success
- 2014-2015 Member, Chancellor's Sexual Misconduct Policy Taskforce
- 2014-2017 Member, Faculty Senate, CEHHS Representative
- 2013-2016 Member, Male Initiative Committee
- 2012 Judge, Miss Homecoming, University of Tennessee 2012
- 2010-2016 Faculty Advisor, Council on Family Relations at UT (CFRUT)

College Service (University of Tennessee)

- 2022-2023 Member, CEHHS Health Visioning Committee
- 2022-2023 Member, CEHHS College Honors Committee
- 2022-2023 Member, CEHHS Service Statement working group
- 2022-2023 Member, Website Project taskforce
- 2021 Member, Graduate Curriculum Review Committee
- 2020-2021 Member, CEHHS Graduate Assistantship Taskforce
- 2020-2021 Member, Search Committee for CEHHS Associate Dean for Academic Affairs and Engagement
- 2020-2023 Member, CEHHS/FCS Extension Initiative Planning Committee
- 2018-2023 Member, CEHHS Tech Fee Committee (CFS Representative)
- 2017-2020 Member, Graduate Curriculum Review Committee
- 2017 Member, Child & Family Studies Department Head Search Committee
- 2014-2015 Member, GSE Student Recruitment Committee
- 2014 Judge, Exhibition of Undergraduate Research and Creative Achievement (EURēCA) event

2013 Judge, Exhibition of Undergraduate Research and Creative Achievement (EURēCA) event

Departmental Service (University of Tennessee)

2022-2023 Faculty Mentor (for Dr. Julia Yan)
 2022 Member, Graduate Committee
 2022 Chair, Teaching Evaluation Committee (for Dr. Margaret Quinn)
 2021 Co-Director of Graduate Studies
 2021 Co-Chair, Graduate Committee
 2021-present CFLE Advisor
 2021-2022 Chair, Faculty Search Committee (CFS faculty)
 2021-2022 Chair, Faculty Search Committee (CFS-ECE faculty)
 2020-2021 Member, Graduate Committee
 2020 Member, Teaching Evaluation Committee (for Dr. Elizabeth Johnson)
 2019-2020 Member, Faculty Search Committee
 2017-2020 Director of Graduate Studies
 2017-2020 Chair, Graduate Committee
 2017-2018 Member, Ad Hoc Committee: Revising the Department Strategic Plan
 2016-present Member, Department Promotion and Tenure Committee
 2016 Chair, Teaching Evaluation Committee (for Dr. Cara Djonko-Moore)
 2016 Chair, Teaching Evaluation Committee (for Dr. Hillary Fouts)
 2016-2017 Member, Faculty Search Committee
 2016-2017 Chair, Child and Family Studies Colloquia
 2016-2018 Co-Chair, Department Recruitment Committee
 2015-2016 Chair, Faculty Search Committee
 2014-2017 Advisor, Graduate Student Organization (GSO)
 2014 Member, Ad Hoc Committee: Revising Undergraduate Advising
 2012-2014 Member, ECE Comprehensive Exam Committee
 2011-2016 Member, Recruitment Committee
 2011-2016 Member, Graduate Committee
 2010-2013 Member, Human Subjects Committee (proposals reviewed = 24)
 2010-2011 Member, Undergraduate Committee
 2011 Member, Ad Hoc Committee: Evaluating the Doctoral Program

Professional Service

Assistant Editor:

2021-present *Emerging Adulthood*

Editorial Board Memberships:

2020-present Editorial Board, *Journal of Social and Personal Relationships*
 2019-2021 Editorial Board, *Emerging Adulthood*
 2017-present Editorial Board, *Journal of Sex Research*
 2017-present Editorial Board, *Journal of Marriage and Family*
 2016-present Editorial Board, *Archives of Sexual Behavior*

The National Council on Family Relations:

- 2023-present Member, NCFR Student Honors Review Committee
- 2019-2021 Secretary/Treasurer, Research and Theory Section
- 2018-2021 Member, NCFR Fellows Committee
- 2012-2014 Co-Chair, Men in Families Focus Group
- 2011-2012 Reviewer, Best S/NP paper award, Family Therapy Section
- 2010-2013 Committee Member, Felix Berardo Mentoring Award
- 2010-2012 Student/New professional representative, Family Therapy Section
- 2010-present Abstract reviewer, NCFR annual conference submissions

Society for the Study of Emerging Adulthood:

- 2021 Chair, Sponsored Sexuality Paper Session at Conference Meeting
- 2019 Chair, Sponsored Sexuality Paper Session at Conference Meeting
- 2017-2021 Co-Chair, Sexuality Topic Network
- 2016-2017 Member, 2017 SSEA Conference Planning Committee
- 2013-present Abstract reviewer, SSEA biennial conference submissions

Society for the Scientific Study of Sexuality:

- 2013-2016 Reviewer, Student Research Grant Applications (Grants reviewed = 9)
- 2011-2021 Abstract reviewer, SSSS annual conferences

International Academy of Sex Research:

- 2018 Member, Richard Green Founding Editor Essay Award Committee

The American Association for Marriage and Family Therapy:

- 2009-2010 Abstract reviewer, AAMFT annual conferences

The International Society for the Study of Behavioural Development

- 2017 Abstract reviewer, ISSBD annual conference 2018
- 2011 Abstract reviewer, ISSBD annual conference 2012

Ad hoc reviewing for scholarly journals:

Multiple Reviews

- 2019-present *Family Relations*
- 2018-present *Personality and Individual Differences*
- 2018-present *Sexuality Research and Social Policy*
- 2017-present *The Canadian Journal of Human Sexuality*
- 2017-present *Personal Relationships*
- 2017-present *Sex Roles*
- 2016-present *Youth & Society*
- 2016-present *Journal of Sex & Marital Therapy*
- 2016-present *American Journal of Sexuality Education*
- 2016-present *Journal of Adolescence*
- 2015-present *International Journal of Sexual Health*
- 2015-present *Journal of Social and Personal Relationships*

2014-present *Emerging Adulthood*
 2012-present *Journal of Sex Research*
 2011-present *Archives of Sexual Behavior*
 2009-present *Journal of Marriage and Family*
 2007-present *Fathering*

Other Ad hoc reviews:

Single Reviews

2022 *Social Psychological and Personality Science*
 2020 *Communication Studies*
 2020 *Social Currents*
 2019 *Psychology of Addictive Behaviors*
 2019 *Journal of Couple & Relationship Therapy*
 2018 *Perspectives on Sexual and Reproductive Health*
 2016 *Journal of Adolescent Research*
 2016 *Asian Journal of Communication*
 2014 *Journal of Research on Christian Education*
 2013 *Social Problems*
 2013 *Culture, Society, & Masculinities*
 2012 *The Journal of Positive Psychology*
 2011 *Family & Consumer Science Research Journal*
 2010 *Journal of Family Issues*

Membership in Professional Societies:

2020-present International Academy for Sex Research (IASR)
 2019-present International Association for Relationship Research (IARR)
 2011-2021 The Society for the Scientific Study of Sexuality (SSSS)
 2011-present Society for the Study of Emerging Adulthood (SSEA)
 2006-present National Council on Family Relations (NCFR)
 2011-2014 Society for Research on Adolescence (SRA)
 2005-2010 American Association of Marriage and Family Therapy (AAMFT)
 2004-2005 Pacific Sociological Association (PSA)

External Reviewer, Promotion and/or Tenure:

2022 Brigham Young University, School of Family Life
 2022 Penn State Mont Alto, Human Development and Family Studies
 2020 University of Wyoming, Department of Family and Consumer Sciences
 2019 University of Minnesota, Department of Psychology
 2018 Texas Tech University, Department of Human Development and Family Studies

Community Service

Media Representation:

2022 Psypost – *New study links features of emerging adulthood to the willingness to engage in consensually nonmonogamous relationships*

<https://www.psypost.org/2022/06/new-study-links-features-of-emerging-adulthood-to-the-willingness-to-engage-in-consensually-nonmonogamous-relationships-63348>

- 2019 Relevate Podcast – *No Strings Attached and Friends with Benefits*.
<http://shoutengine.com/RelevatePresentsScholarsShip/no-strings-attached-and-friends-with-benefits-with-81735>
- 2015 Expert opinion on fathering for wallethub.com
<http://wallethub.com/edu/best-and-worst-states-for-working-dads/13458/#spencer-olmstead>
- 2016 Expert opinion of atypical sexual behavior for Daily Beacon article
Know Your Kinks by Megan Patterson:
http://www.utdailybeacon.com/arts_and_culture/know-your-kinks/article_8171c92e-d15c-11e5-a057-a3b16d1c523c.html

Service: Previous Universities

Florida State University

- 2009 Graduate Student Representative, Department of Family & Child Sciences,
 Quality Enhancement Review Subcommittee
- 2009 Graduate Student Representative, Faculty Search Committee, Department of
 Family & Child Science
- 2008-2009 Reviewer, Dissertation Awards Program (DAP), College of Human Sciences

University of Oregon

- 2005-2006 Member, University of Oregon Men's Center
- 2005-2006 Counselor, Crisis Center
- 2005 Co-Facilitator, UO Fathering Support Group
- 2005 Student Member, Non-Tradition Student Union Advisory Board
- 2004-2005 MFT Representative, College of Education Student Advisory Board

Honors and Awards

- 2022 -Chancellor's Fellow for Ombuds Services, University of Tennessee
- 2020 -Nominated, Chancellor's Excellence in Advising Award for Graduate Mentoring
- 2019 -Winner, Best 2018 Student/New Professional Research Article, Sexuality Topic
 Network, Society for the Study of Emerging Adulthood (SSEA)
 -Member Spotlight, Society for the Study of Emerging Adulthood (SSEA),
<http://ssea.org/membership/spotlight.htm>
- 2018 -Undergraduate Research Mentor of the Year (2017-2018); College of Education,
 Health & Human Sciences (awarded from the University of Tennessee Office of
 Undergraduate Research)
 -Top 5% Reviewer for Journal of Social and Personal Relationships (based on
 quality and frequency of reviews submitted)

- 2013 -Nominated, Best 2012 New Professional Research Paper, Men in Families Focus Group, Research and Theory Section, National Council on Family Relations (NCFR)
- 2012 -Nominated, Best 2011 New Professional Research Paper, Men in Families Focus Group, Research and Theory Section, NCFR
- 2010 -NCFR Honor Student Award
 - May Watson Connor Scholarship, College of Human Sciences, FSU
 - Dissertation Proposal Award, College of Human Sciences, FSU
 - Leadership Award, College of Human Sciences, FSU
 - Nominated, Graduate Student Research and Creativity Award, Department of Family & Child Sciences
- 2009 -Student Award, National Council on Family Relations
 - Florence Smith McAllister Fellowship, College of Human Sciences, FSU
 - Nominated, Graduate Student Research and Creativity Award, Department of Family & Child Sciences
 - Glenn Society, Kappa Omicron Nu
- 2008 -Mary Hicks Scholarship, College of Human Sciences, FSU
 - FSU Star Student (<https://campus.fsu.edu/profiles/olmstead/>)
- 2007 -Golden Key International Honor Society
 - Kappa Omicron Nu
- 2005 -Jean Twohig Scholarship, University of Oregon
- 2002 -Spring/Summer Academic Scholarship, Brigham Young University
- 2000 -Leadership Scholarship, Ricks College