

**Please join us on Wednesday, October 25, 2023
starting at 12:30pm**

Dr. Justin Lavner



**Enhancing responsive parenting
to promote health and well-being
among Black infants and their
families: The Sleep SAAF trial**

Responsive parenting programs can promote healthy trajectories for infants, but implementation of these programs among underserved and marginalized populations has been limited. In this talk, Dr. Lavner will provide an overview of the Sleep SAAF (Strong African American Families) trial, an RCT of a responsive parenting program for first-time Black mothers and their infants. Dr. Lavner will review key study findings, including intervention effects on infants and their mothers, and discuss the potential for responsive parenting programs to promote health equity during the postpartum period.

**Location: 1502 Cumberland Ave.
Student Union: Room 362B**

**If you have any questions,
please email julia.yan@utk.edu**