Dr. Cathy L. Grist

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Education

Ph.D., University of Tennessee Knoxville, 2007.

MA, Western Carolina University, 1994.

BA, Auburn University Main Campus, 1991.

Licensures and Certifications

Licensed Psychological Associate, License # 1908, North Carolina State Psychology Board. (September 2020 - October 2022).

Professional Memberships

The Division for Early Childhood of the Council of Exceptional Children, National. (August 2019 - Present).

North Carolina Infant Mental Health Organization, NCIMHA, NA, State. (March 2012 - Present).

Southeastern Psychological Association, SEPA, Regional. (August 2006 - Present).

Society for Personality Assessment, SPA, Member, International. (November 24, 2014 - August 2015).

Consultation

Consultant/Psychologist for the Dora Reed Center on the Qualla Boundary (Early Head Start/Head Start). (September 2022 – present). Conduct therapy, and evaluation for children with challenging behaviors and those who have experienced trauma. Consult with teachers to implement intervention plans for children with challenging behaviors.

Consultant/Psychologist for Swain County Exceptional Children's Preschool Program. (August 2012 -present). Conduct assessments for the program, consult on challenging behaviors in individual children, and work with families of children who have disabilities or challenging behaviors. Consult with teachers on behavioral plans and intervention plans for academic skills.

Consultant/Psychologist for Eastern Band of the Cherokee Indians. (August 2018 – present). Conduct assessments for the program, consult on challenging behaviors in individual children, and work with families of children who have disabilities or challenging behaviors. Consult with teachers on intervention plans for academic or social-emotional delays.

TEACHING

Non-Credit Instruction

- Guest Lecture, Communication Sciences Disorders Graduate Course, 35 participants. (February 21, 2019).
- Guest Lecture, Communication Sciences, and Disorders, 30 participants. (March 22, 2018).
- Guest Lecture, Communication and Science Disorders, SLP Graduate Students, 35 participants. (October 2016).
- Guest Lecture, Communication and Science Disorders, SLP Graduate Students, 35 participants. (October 1, 2015).
- Guest Lecture, Communication and Science Disorders, SLP Graduate Students, 30 participants. (October 2, 2014).
- Guest Lecture, Communication Sciences, 30 participants. (October 24, 2013).
- Guest Lecture, Clinical Psychology Graduate Students, 9 participants. (September 2012).
- Guest Lecture, Clinical Psychology Graduate Students, 9 participants. (September 2011).

Directed Student Learning

- Dissertation Committee Member, "Physical activity and motor skills associations with frontal lobe activity and executive function skills in a preschool sample." Psychology. (May 2022)/ Advised: Nicole Dennis
- Supervised Research, "The relationship between personality traits and behavior traits in young children," Psychology. (August 2021 Present).

 Advised: Jake Brown
- Dissertation Committee Member, "The impact of self-perceived coping mechanisms on the relationship between maternal childhood maltreatment history and harsh parenting," Psychology. (May 2021 Present).

 Advised: Heather Styles-Turbyfill
- Master's Thesis Committee Member, "The relationship between Child Maltreatment and Personality Traits," Psychology. (March 2021 Present).

 Advised: Anna Johnson
- Master's Thesis Committee Member, "Gender Differences in Perceptions toward Peers with Autism," Psychology. (October 2019 Present).

 Advised: Nicole Dennise
- Master's Project Committee Director, "Kindergarten Readiness in a Preschool Population," Psychology. (February 2019 Present).

 Advised: Mariel Valino
- Master's Project Committee Director, "Efficacy of a Social-Emotional Curriculum in Preschoolers," Psychology. (February 1, 2019 September 1, 2019).

 Advised: Morgan Gray
- Master's Thesis Committee Member. (April 2018 April 2019). Advised: Heather Styles-Turbyfill
- Master's Thesis Committee Member, Psychology. (April 2018 April 2019). Advised: Samantha Klaver

Supervised Research, Psychology. (August 2017 - May 4, 2018).

Advised: Kristen Morris

Master's Thesis Committee Member, "Shaken Baby Syndrome," Psychology. (January 2017 -

April 28, 2018).

Advised: Kathryn Lang

Master's Thesis Committee Member, "Personality, Substance Use, and Delinquency in

Adolescents," Psychology. (January 2017 - April 2, 2018).

Advised: Kayla Byrd

Master's Thesis Committee Chair, Psychology. (January 2017 - March 28, 2018).

Advised: Shana Ingram

Master's Thesis Committee Chair, Psychology. (January 2017 - March 26, 2018).

Advised: Oceann Stanley

Supervised Research, Psychology. (August 2017 - December 2017).

Advised: Kelsey Freeman

Master's Thesis Committee Chair, "Personality Traits as Predictors of Anxiety in Preschool-Aged

Children," Psychology. (January 2015 - March 28, 2016).

Advised: Sabrina Gretkierewicz

Master's Thesis Committee Chair, Psychology. (January 14, 2014 - April 2014).

Advised: Annabel Franz

Supervised Teaching, Human Services. (May 2013 - June 2013).

Advised: Megan Clark

Supervised Teaching, "Dyslexia and the Effects on Development and Learning in Young

Children," Human Services. (January 2013 - April 2013).

Advised: Megan Clark

Awards and Honors

2014 CEAP Legislative Teaching Award, College of Education and Allied Professions, Teaching, College. (April 9, 2014).

J.M. Robinson Award for e-Teaching-Nominated as a Finalist, Coulter Faculty Center, Teaching, University. (February 25, 2013).

Chancellor's Meritorious Award for Engaged Teaching, Western Carolina University, Teaching, University. (2008).

Legislative Award for Superior Teaching, College of Education and Allied Professions, Teaching, College. (April 2003).

RESEARCH

Published Intellectual Contributions

Book Chapters

- Solomon, D., Grist, C. L., & Johnson, A. (revise and resubmit). Introduction to evidence-supported treatments for child maltreatment. New Perspective on Mental Health Issues of Child Maltreatment. *STM Learning*.
- Caudle, L. A., & Grist, C. L. (2016). Teaching Social Emotional Skills through a Balanced Literacy Approach in the Preschool Classroom. *Preschool Children: Social Skills, Educational Development and Health Disparities* (pp. 45-68). Nova Publishers.
- Grist, C. L. (2015). Update on Response-to-Intervention in Preschool: Preliminary findings for Response-to-Intervention in Emergent Literacy Skills, Social-Emotional Skills, and Challenging Behaviors. *Progress in Education* (pp. 21-38). Hauppauge, NY: Nova Publications.
- Grist, C. L., McCord, D. M., Crossman, E. E., & Weiler, M. A. (2013). Preschool Personality Assessment: Concepts and Instruments. *Personality Traits: Causes, Conceptions, and Consequences* (pp. 49-66). https://www.novapublishers.com/catalog/product_info.php?products_id=37785
- Grist, C. L., Switzer, H., & Foulke, D. (2012). Assessing Personality Traits in the Young Child for Individualized Planning for Social-Emotional Skills in the Kindergarten Classroom. Kindergartens: Teaching Methods, Expectations and Current Challenges (pp. 177-188). https://www.novapublishers.com/catalog/product_info.php?products_id=36064

Journal Articles

- Malesky, L. A., Grist, C. L., Poovey, K., & Dennis, N. (2021). Investigating Internal and External Factors Related to Academic Dishonesty. *Ethics & Behavior*.
- Grist, C. L., & Caudle, L. A. (2021). An examination of the relationship between adverse childhood experiences, personality traits, and job-related burnout in early childhood educators. *Teaching and Teacher Education*, 105, 1-9.
- Solomon, D. T., Morey, K. E., Williams, C. J., Grist, C. L., & Malesky, L. A. (2021). COVID-19 health behaviors in a sexual minority sample: The impact of internalized stigma. *Psychology of Sexual Orientation and Gender Diversity*, 8(2), 159–171.
- Becker, D. R., Grist, C. L., Caudle, L. A., & Watson, M. (2018). Complex Physical Activities, Outdoor Play, and School Readiness among Preschoolers. *Global Education Review*, *5*(2), 110-122.
- Caudle, L. A., Grist, C. L., & Watson, M. (2017). Promoting higher levels of preservice teacher informal reflection through critical friend partnerships. *Teacher Education & Practice*, *30*(4), 697-713.
- Hurt, A. A., Grist, C. L., Malesky, L. A., & McCord, D. M. (2013). Personality traits associated with occupational "Burnout" in ABA therapists. *Journal of Applied Research in Intellectual Disabilities*, *26*, 299-308.
- Grist, C. L., Socha, A., & McCord, D. M. (2012). The M5-PS-35: A five-factor personality questionnaire for preschool children. *Journal of Personality Assessment*, *94*(3), 287-295.
- Fortenberry, C. L., Grist, C. L., & McCord, D. M. (2011). Personality trait differences between typically developing children and those diagnosed with autism spectrum disorder. *Individual Differences Research*, 9(2), 73-83.

- Grist, C. L., & McCord, D. M. (2010). Individual differences in young children: Temperament vs. personality? *Infant and Child Development*. 19, 264-274.
- Scheck, A. M., Malesky, L. A., Grist, C. L., & McCord, D. M. (2010). Personality in preschool children: Preliminary psychometrics of the M5-PS questionnaire. *American Journal of Psychological Research*, *6*(1), 134-156.
- Grist, C. L., & Hatch, A. (2006). Hurry up and wait: Rethinking special education identification in kindergarten. *Early Childhood Education Journal*, *33*, 203-208.
- Grist, C. L., Kowalski, R., & Minor, S. (1996). Moderating effects of physical abuse and perceived social support on the potential to abuse. *Child Abuse and Neglect*, *20*(4), 305-314.

Other

- Watson, M., & Grist, C. L. (2021). Dialogic Reading. *WCU Practice Briefs*. Cullowhee, NC: WCU Practice Briefs. https://affiliate.wcu.edu/teacherleaders/watson-grist-brief/
- A., Grist, C. L., Poovey, K., & D, N. (2021). The Effects of Peer Influence, Honor Codes, and Personality Traits on Cheating Behavior in a University Setting.
- Grist, C. L. (2011). The M5-PS-35: A five-factor personality instrument for preschoolers.
- Grist, C. L. (2007). Domestic violence. Early Childhood Education: An International Encyclopedia.

Presentations Given

- Pedonti, S., Becker, D. (Author Only), & Grist, C.L. (Author only) (2023). SRCD Biennial Meeting, Retrospective parental report of occupational pesticide exposure in migrant and seasonal head start: Relations with child behavioral functioning and language. SRCD, Salt Lake City, UT. (March 24, 2023).
- Pedonti, S., Becker, D. (Author Only), & Grist, C.L. (Author only) (2023). SRCD Biennial Meeting, Food insecurity in migrant and seasonal head start families: Relations with caregiver depression and child language. SRCD, Salt Lake City, UT. (March 24, 2023).
- Grist, C. L., & Pedonti, S. (2022). Western NC Regional Early Care and Education Summit, Supporting Children with Challenging Behaviors. Southwestern Community College, Sylva, NC. (October 17, 2022).
- Grist, C. L. (Presenter & Author), Region A Partnership for Children Early Literacy Symposium, "Foundations of Early Literacy," Region A Partnership for Children, Sylva. (June 12, 2021 June 12, 2022).
- Brown, J. (Presenter & Author), Grist, C. L. (Author Only), 68th Annual Meeting Southeastern Psychological Association, "Associations Between M5-PS-35 and C-TRF Scores," Southeastern Psychological Association, Hilton Head, SC. (March 25, 2022).
- Solomon, D. (Author Only), A. F. (Author Only), Hicks, A. (Author Only), Grist, C. L. (Presenter & Author), McCord, D. (Author Only), Williams, C. (Author Only), Glover, S. (Author Only), Bell, J. (Author Only), 68th Annual Meeting Southeastern Psychological Association, "Development and Validation of Child Maltreatment History and Impact Measure," Southeastern Psychological Association, Hilton Head, SC. (March 25, 2022).

- Grist, C. L. (Presenter & Author), Solomon, D. (Author Only), Moomaw, M. (Author Only), 68th Annual Meeting Southeastern Psychological Association, "The Impact of Household and Socioeconomic Factors on COVID-19 Anxiety," Southeastern Psychologica Association, Hilton Head, SC. (March 25, 2022).
- Becker, D. (Presenter & Author), Grist, C. L. (Author Only), Broomell, A., 68th Annual Meeting Southeastern Psychological Association, "Youth Sports, Executive Function, and Math Between the First and Third Grade," Southeastern Psychological Association, Hilton Head. (March 25, 2022).
- Becker, D. (Presenter & Author), Broomell, A. (Author Only), Grist, C. (Author Only), Southeastern Psychological Association Annual, "Youth Sports, Executive Function, and Math Between the First and Third Grade," Hilton Head, SC. (March 24, 2022).
- Ballenger, M. (Author Only), Zbyd, L. (Author Only), Grist, C. L. (Presenter & Author), Malesky, L. A. (Author Only), Southeastern Psychological Association Conference, "Engaging in Academic Dishonesty Via Apps & Associated Technology," Southeastern Psychological Association, Hilton Head, SC. (March 24, 2022).
- Grist, C. L. (Presenter & Author), Beginning Teacher Mid-Year Symposium, "Toxic Stress and Resiliency," Western Carolina University, College of Education and Allied Professions, Cullowhee. (February 25, 2022).
- Solomon, D. T. (Presenter & Author), White, S. (Author Only), Grist, C. L. (Author Only), Annual Conference of the Association for Behavioral and Cognitive Therapies, "The impact of adverse childhood experiences on adults' reactions to the COVID-19 pandemic," Online. (November 2021).
- Grist, C. L. (Presenter & Author), Watson, M., "Literacy Assessment and Intervention in Preschool," WCU/Cherokee Central Schools: Hope Center, Cherokee Central Schools, Cherokee, NC. (October 2021).
- Solomon, D. T. (Presenter & Author), Grist, C. L. (Author Only), Barton, P. (Author Only), Franz, A. (Author Only), Malesky, L. A. (Author Only), Annual Conference of the Southeastern Psychological Association, "Psychosocial and Situational Factors Associated with COVID-19 Health Behaviors," Southeastern Psychological Association, Online. (March 2021).
- Collins, P., Perrine, C., Adolf, M., Grist, C. L., Malesky, L. A., Southeastern Psychological Association Conference, "Online Test Proctoring Services and Test Anxiety in College Students," Southeastern Psychological Association, Orlando, FL. (2020 March 2021).
- Collins, P. (Presenter & Author), C. (Presenter & Author), Adolf, M. (Author Only), Grist, C. L. (Author Only), Malesky, A. (Author Only), Annual Conference Southeastern Psychological Association 2021, "Online Test Proctoring Services and Test Anxiety in College Students," Southeastern Psychological Association. (March 17, 2021 March 20, 2021).
- Dennis, N. (Author Only), Grist, C. L. (Author Only), Annual Conference Southeastern Psychological Association 2021, "The Relationship Between Attachment, Preschool Personality, and Parenting Style," Southeastern Psychological Association. (March 17, 2021 March 20, 2021).
- Johnson, A. (Author Only), Grist, C. L. (Author Only), Annual Conference Southeastern Psychological Association 2021, "The Relationship Between Self-Regulation, Externalizing Behavior, and Personality in Preschoolers," Southeastern Psychological Association. (March 17, 2021 March 20, 2021).

- Roth, N., Grist, C. L., Beginning Teacher Mid-Year Symposium, "Toxic Stress and Resiliency," College of Education and Allied Professions. (February 26, 2021).
- Roth, N. P., Grist, C. L., Beginning Teacher Midyear Symposium, "Toxic Stress and Resiliency," Western Carolina University, Western Carolina University, Cullowhee, NC, United States. (February 26, 2021).
- Grist, C. L., "Behavior Management and Young Children," Parents as Teachers, Franklin, NC. (October 2020).
- Barrett, A., Moody, D., Holshouser, C., Grist, C. L., Malesky, L. A., American Psychological Association, "Difficulty in Researching Academic Integrity," Washington, DC. (August 1, 2020 August 30, 2020).
- Dennis, N., Pighini, I., Haynes, E., Grist, C. L., Malesky, L. A., American Psychological Association, "Mediating Variables Impacting Cheating Behavior," Washington, DC. (August 1, 2020 August 30, 2020).
- Taylor, S., Perrine, C., Dimitris, A., Grist, C. L., Malesky, L. A., American Psychological Association, "Personality Factors that Influence Cheating," Washington, DC. (August 1, 2020 August 30, 2020).
- Poovey, K., Andrews, C., Collins, P., Grist, C. L., Malesky, L. A., American Psychological Association, "Predicting Student Cheating in a Behavioral Experiment," Washington, DC. (August 1, 2020 August 30, 2020).
- Taylor, S., Barrett, A., Andrews, C., Moody, D., Grist, C. L., Malesky, L. A., American Psychological Association Conference, "Specific Personality Traits and Cheating in the Classroom," American Psychological Association, Washington, DC. (August 1, 2020 - August 30, 2020).
- Grist, C. L., Watson, M. (Presenter & Author), L. C. (Presenter & Author), Earli Sig 14 Conference Learning and Professional Development Annual Conference, "Learning a Math Curriculum through an Early Childhood Teacher Professional Learning Community," Barcelona, Spain. (July 2020).
- Caudle, L. (Presenter & Author), Grist, C. L. (Presenter & Author), Watson, M. (Presenter & Author), EARLI Sig 14 Learning and Professional Development Annual Conference, "How semi-structured peer feedback protocols inform preservice teachers' project-based learning pedagogies," Barcelona, Spain. (July 2020).
- Dennis, N., Grist, C. L., Southeastern Psychological Association Annual Conference, "Gender, Physical Activity, and Personality Impacts on Preschoolers' Self-Regulation Skill," Southeastern Psychological Association, New Orleans. (April 2020).
- Taylor, S. L., Barrett, A. J., Grist, C. L., Malesky, L. A., 28th Annual Graduate Research Symposium, "Academic cheating: Determining internal predictors," Western Carolina University Graduate School, Cullowhee. (March 25, 2020 March 26, 2020).
- Poovey, K., Grist, C. L., Malesky, L. A., 28th Annual Graduate Research Symposium, "Examining external and internal predictors of cheating behavior," Western Carolina University Graduate School, Cullowhee, NC. (March 25, 2020 March 26, 2020).
- Dennis, N., Grist, C. L., Malesky, L. A., 28th Annual Graduate Research Symposium, "Situational Factors Impacting Cheating Behavior," Western Carolina University Graduate School, Cullowhee, NC. (March 25, 2020 March 26, 2020).

- Andrews, C., Perrine, C., Pighini, I., Taylor, S. L., Barrett, A. J., Grist, C. L., Malesky, L. A., 28th Annual Graduate Research Symposium, "The influence of openness to experience on cheating," Western Carolina University Graduate School, Cullowhee, NC. (March 25, 2020 March 26, 2020).
- Dennis, N., Grist, C. L., 28th Annual Graduate Research Symposium, "The Relationship between Personality Traits and Self-Regulation in a Preschool Population," Western Carolina University Graduate School, Cullowhee. (March 25, 2020 March 26, 2020).
- Dennis, N., Grist, C. L., 28th Annual Graduate Research Symposium, "The Relationship between Physical Activity and Self-Regulation Skills in a Preschool Population," Western Carolina University Graduate Symposium, Cullowhee. (March 25, 2020 March 26, 2020).
- Malesky, L. A. (Presenter & Author), Grist, C. L. (Presenter & Author), International Academic Integrity Conference 2020, "Assessing the Influence of Internal and External Factors on Academic Dishonesty," Portland, OR. (March 7, 2020).
- Becker, D., Caudle, L. A., Grist, C. L., "Challenging Behaviors in the Early Childhood Classroom: Practical Strategies for Prevention," Mountain Projects Head Start, Waynesville. (February 17, 2020).
- Watson, M. (Presenter & Author), Grist, C. L. (Presenter & Author), Storytelling Workshop, "Using the CROWD Method to Implement Culturally-Based Storytelling with Young Children on the Qualla Boundary," Region A Partnership for Children and WCU Cherokee Language Program, WCU, Cullowhee, NC. (November 1, 2019).
- Grist, C. L. (Presenter & Author), Becker, D. (Presenter & Author), Caudle, L. (Presenter & Author), CREW 2020, "Challenging Behaviors in the Early Childhood Classroom: Practical Strategies for Prevention Part 1 & 2," CREW-Regional Professional Development Event for Educators, Cherokee Qualla Boundary, NC. (September 30, 2019).
- Caudle, L. A., Grist, C. L., "Transforming e-learning environments: Using a digital media learning tool to enhance engagement, knowledge, and peer learning within a birth-kindergarten program," Chapel Hill, NC. (March 28, 2019).
- Becker, D. R. (Presenter & Author), Grist, C. (Author Only), Society for Research in Child Development, "Active Play, Executive Function, and Math over the Prekindergarten Year," Western Carolina University, Baltimore, MA, US. (March 22, 2019).
- Malesky, L. A., Grist, C. L., Gruenert, M., Crow, R. K., Spalding, K., Moody, D., 27th Annual Conference for the International Center for Academic Integrity, "The Culture of Cheating: Understanding and Addressing the Problem," International Center for Academic Integrity Conference, New Orleans, LA. (March 8, 2019).
- Roth, N. P., Grist, C. L., Beginning Teacher Midyear Symposium, "Toxic Stress and Resiliency," College of Education and Allied Professions, Western Carolina University, Cullowhee, NC. (March 1, 2019).
- Grist, C. L., Beginning Teacher's Symposium, "Understanding the Impact of Stress and Trauma in Children and Youth," Western Carolina University, College of Education and Allied Professions, Cullowhee. (March 1, 2019).
- Grist, C. L., Crow, R. K., Malesky, L. A., American Psychological Association Convention, "The Good, the Bad, and the Ugly: Cheating and Online Assignments," American Psychological Association. (August 11, 2018).

- Ingram, S. (Author Only), Stanley, O. (Leader), Grist, C. L. (Author Only), American Psychological Association, "Parenting Practices as a Mediator of the Preschool Personality and Emotion Regulation," San Francisco, CA. (August 10, 2018).
- Stanley, O. (Leader), Ingram, S. (Author Only), Grist, C. L. (Author Only), American Psychological Association, "The Relationship Between Preschool Self-Regulation and Clinical Symptomology," San Francisco, CA. (August 9, 2018).
- Morris, K. (Presenter & Author), Grist, C. L. (Author Only), Twenty-Six Annual Research Symposium, "Emergent Math Skills and Personality in Preschool Children," Western Carolina University, Cullowhee, NC. (March 22, 2018).
- Morris, K. (Presenter & Author), Grist, C. L. (Author Only), Twentieth Annual Undergraduate EXPO, "Emergent Math Skills and Personality in Preschool Children," Western Carolina University, Cullowhee, NC. (March 21, 2018).
- Becker, D. (Presenter & Author), Grist, C. L. (Presenter & Author), Caudle, L. A. (Author Only), Watson, M. (Author Only), Bargreen, K. (Author Only), "Math, Movement, and Play Over the Prekindergarten Year," Southeastern Psychological Association, Charleston, SC. (March 9, 2018).
- Becker, D. (Presenter & Author), Caudle, L. A. (Presenter & Author), Grist, C. L. (Author Only), Southeastern Psychological Association, "Outdoor Play, Complex Physical Activities and School Readiness in Preschoolers," Charleston, SC. (March 9, 2018).
- Grist, C. L. (Presenter & Author), Becker, D. (Presenter & Author), Ingram, S. (Presenter & Author), Stanley, O. (Presenter & Author), Freeman, K. (Presenter & Author), Morris, K. (Author Only), Southeastern Psychological Association 64 Annual Meeting, "Preschool Development: Personality Cognitive Control, and Academic Readiness," Southeastern Psychological Association, Charleston, SC. (March 9, 2018).
- Roth, N. P., Grist, C. L., Beginning Teacher Midyear Symposium, "Understanding Impact of Stress and Trauma in Children and Youth," College of Education and Allied Professions, Western Carolina University, Cullowhee, NC. (February 23, 2018).
- Guston, K., Lang, K., Malesky, L. A., Crow, R. K., Grist, C. L., American Psychological Association Convention, "Reporting Academic Dishonesty: Personality and Situational Factors," American Psychological Association, Washington, DC. (August 2017).
- Ingram, S., Grist, C. L., American Psychological Association Conference, "The Relationship Between Personality Traits, Emotion Regulation, and School Readiness During Preschool," Washington, DC. (August 3, 2017).
- Grist, C. L., Botswana Delegation, "Early Intervention in the United States," CEAP and Communication Sciences, Cullowhee, NC. (July 19, 2017).
- Grist, C. L. (Author Only), Ingram, S. (Presenter & Author), WCU Graduate Research Symposium, "Exploring Social-Emotional Competence and Personality in Preschoolers," WCU Graduate School and Research, Cullowhee, NC. (March 30, 2017).
- Guston, K. (Presenter & Author), Lang, K. (Presenter & Author), Malesky, L. A., Scales, W. D., Crow, R. K., Grist, C. L., Southeastern Psychological Association: 63rd Annual Meeting, "Academic Dishonesty: Personality, Attitudes, and Reporting," Atlanta, GA. (March 11, 2017).

- Lang, K. (Presenter & Author), Guston, K. (Presenter & Author), Malesky, L. A. (Author Only), Grist, C. L. (Author Only), Crow, R. K. (Author Only), Scales, W. D. (Author Only), Southeastern Psychological Association: 63rd Annual Meeting, "Academic Dishonesty: Situational Factors of Reporting Cheating in the University Classroom," Atlanta, GA. (March 8, 2017 March 11, 2017).
- Ingram, S. (Presenter & Author), Grist, C. L. (Author Only), Becker, D. (Author Only), Southeastern Psychological Association: 63rd Annual Meeting, "The Relationship between Personality Traits and Social-Emotional Competency in Preschoolers," Atlanta, GA. (March 8, 2017 March 11, 2017).
- Gretkierewicz, S. (Presenter & Author), Grist, C. L. (Author Only), Annual Southeastern Psychological Association, 2016, "Efficacy of Brief Social-Emotional Interventions in Preschool," Southeastern Psychological Association, New Orleans, LA. (March 31, 2016).
- Gretkierewicz, S. (Presenter & Author), Annual Southeastern Psychological Association Conference, 2016, "Assessing Personality in Preschool: A Comparison of Two Measures," Southeastern Psychological Association, New Orleans, LA. (March 11, 2016).
- Grist, C. L., 4th Annual NC Infant/Young Child Mental Health Association Conference, "Final Buffering Stress through Responsive Relationships," 4th Annual NC Infant/Young Child Mental Health Association Conference, Greensboro, NC. (November 6, 2015).
- Gretkierewicz, S. (Presenter & Author), Grist, C. L. (Author Only), Graduate Symposium, "Assessing Personality in Preschool: A Comparison of Two Measures," Western Carolina University Graduate School, Cullowhee, NC. (March 26, 2015).
- Lochner, O. (Presenter & Author), Grist, C. L. (Author Only), WCU Honors College Undergraduate Expo, "Assessing Personality in Preschool," Western Carolina University Honors College, Cullowhee, NC. (March 23, 2015).
- Grist, C. L. (Discussant), Franz, A. O. (Presenter & Author), Cannon, E. (Presenter & Author), Lochner, O. (Presenter & Author), Watson, M. K. (Presenter & Author), Dumessa, L. (Presenter & Author), 61st Annual Conference, "Early Identification of Reading and Social-Emotional Development Problems in Preschool Students: A Response-to-Intervention Project.," Southeastern Psychological Association, Hilton Head. (March 19, 2015).
- Gretkierewicz, S. (Presenter & Author), Lochner, O. (Presenter & Author), Grist, C. L. (Presenter & Author), 61st Annual Conference, "Preschool Personality Traits as Predictors of Behavioral Characteristics," Southeastern Psychological Association, Hilton Head, SC. (March 18, 2015).
- Lochner, O. (Presenter & Author), Grist, C. L. (Other), 2014 National Conference on Undergraduate Research, "Core Personality Traits as Predictors of Social-Emotional Adjustment and Pre-Literacy Skills in Preschool Children," Council on Undergraduate Research, Lexington, KY. (April 3, 2014).
- Grist, C. L. (Other), Lochner, O. (Presenter & Author), Western Carolina University Undergraduate Expo, "Core Personality Traits as Predictors of Social-Emotional Adjustment and Pre-Literacy Skills in Preschool Children," Western Carolina University Honor's College, Cullowhee, NC. (March 24, 2014).
- Franz, A. (Presenter & Author), Grist, C. L. (Author Only), 60th Annual Southeastern Psychological Association, "Personality Traits and Problem Behaviors in Young Children," Southeastern Psychological Association, Nashville, TN. (March 7, 2014).

- Grist, C. L. (Presenter Only), Haywood County Preschool Teacher Workshop, "Referral Process for Children in PreK," Haywood County Schools, Waynesville, NC. (November 1, 2013).
- Grist, C. L. (Presenter Only), North Carolina School Psychology Association Fall 2013 Conference, "Functional Behavioral Assessment in Preschool," North Carolina School Psychology Association, Cary, NC. (September 30, 2013).
- Litty, H. N. (Author Only), Grist, C. L., 59th Annual Meeting Southeastern Psychological Association, "Five-factor personality traits as predictors of musical instrument choice," Southeastern Psychological Association, Atlanta, GA. (March 14, 2013).
- Caudle, L. A. (Presenter & Author), Grist, C. L. (Presenter & Author), Watson, M. (Presenter & Author), Wang, X. (Presenter & Author), National Association for the Education of Young Children Annual Conference, "Professionalism in the 21st Century: Issues, Challenges, and Research-Based Recommendations," NAEYC, Atlanta, GA. (November 8, 2012).
- Caudle, L. A. (Presenter & Author), Grist, C. L. (Author Only), Watson, M., 5th Annual SoTL Commons Conference, "Designing an Interactive Online Seminar Course for Distance Learning Interns: Combining Technology Tools and Facilitating Meaningful Discourse," Georgia Southern, Statesboro, GA. (March 7, 2012).

Media Contributions

Internet

Education on Academic Integrity Violations. (October 31, 2016).

Newspaper

Smoky Mountain News. (March 2013).

The Asheville Citizen-Times. (January 5, 2012).

Contracts, Grants and Sponsored Research

Contract

Grant

- Grist, C. L. (Principal), Watson, M.K. (Co-Principal), Pedonti, S. (Co-Principal), & Becker, D. (Co-Principal), Grant, "Leadership, Equity, and Access Fellowship in Early Childhood Education: LEAF in ECE, Dogwood Health Trust, Regional, \$868,855.00, Funded. (Start: December 2022, end: December 2025).
- Grist, C. L. (Principal), Grant, "Child Care Access Means Parents in School: Expanding Early Education in Cullowhee: Expanding Services for Eligible Student-Parents (Triple E in the Whee)", United States Department of Education, Federal, \$734,578.00, Funded. (start: October 1, 2019, end: September 30, 2023).
- Grist, C. L. (Principal), Chapman, T. (Co-Principal), Grant, "Reducing Challenging Behaviors through Sensory-based Intervention Activities", College of Education and Allied Professions, SUTEP, Western Carolina University, \$2,297.32, Under Review. (start: October 14, 2019, end: May 15, 2020).

- Chandler, R. (Principal), Becker, D. R. (Principal), Stringer, A. (Co-Principal), Grist, C. (Co-Principal), Grant, "High-Intensity Interval Training and Cognitive Functioning in Prekindergarten Children", National Association for Kinesiology in Higher Education Hellison Interdisciplinary Grant, \$5,000.00, Funded. (sub: March 15, 2019, start: March 1, 2019, end: April 1, 2020).
- Malesky, L. A., Grist, C. L., Crow, R. K., Grant, "Provost Internal Research Grant", Western Carolina University, Western Carolina University, \$15,000.00. (start: 2016, end: 2017).
- Grist, C. L. (Principal), Grant, "Providing Best Practices in Literacy for Preservice Teachers and Early Childhood Professionals", College of Education and Allied Professions, Western Carolina University, \$500.00, Funded. (epub: February 6, 2015, sub: February 6, 2015, start: March 2015, end: March 2015).

Other

- Stanley, O. (Co-Principal), Grist, C. L. (Co-Principal), "Summer Graduate Research Assistantship", Graduate School, Western Carolina University, \$3,000.00. (start: May 2017, end: June 30, 2017).
- Grist, C. L. (Other), Gretkierewicz, S. (Co-Principal), Contract, "Summer Graduate Assistantship", Graduate School, Western Carolina University, \$3,000.00, Funded. (sub: March 5, 2015, start: May 11, 2015, end: June 30, 2015).

Intellectual Contributions in Submission

Journal Articles

- Watson, M., Caudle, L. A., Grist, C. L., & Renegar, R. G. The Role of the Coach: Implementation of a Group Coaching Model to Support Sustained Curriculum Implementation in a Rural Preschool. *Journal of Research in Early Childhood Education*.
- Malesky, L. A., Grist, C. L., & Barrett, A. A Review of Experimental Research on Academic Dishonesty. *Journal of College & Character Special Issue: 30 Years of Academic Integrity Research*.

SERVICE

University Service

Committee Member, Internal Review Board, Western Carolina University. (August 8, 2021 - Present).

Committee Member, Faculty Hearing Committee. (August 2021 - Present).

Committee Member, Digital Learning Plan Task Force. (October 7, 2019 - Present).

Mentor, Mentoring. (October 2016 - Present).

Committee Member, Department of Human Services TPR Committee. (October 2015 - Present).

Chairperson, BK Advisory Board. (October 2013 - Present).

Program Coordinator, BK Program. (August 2010 - Present).

Committee Chair, BK Faculty Search Committee. (October 2021 - February 2022).

Committee Member, CEAP Teaching Innovation Committee. (October 2019 - May 2021).

Committee Chair, CEAP Curriculum Committee. (August 2018 - May 2021).

Committee Member, College of Education and Allied Professions TPR Committee. (November 2015 - May 2021).

Committee Member, Faculty Grievance Committee. (August 2016 - May 2020).

Committee Member, University Budget Advisory Committee. (August 2016 - April 2020).

Committee Chair, BK Faculty Search Committee. (October 2019 - March 2020).

Committee Member, CEAP Assessment Committee. (August 2017 - May 2019).

Committee Member, Human Services TPR Committee. (October 2018 - April 2019).

Committee Member, Human Services DCRD Committee. (September 2018 - April 2019).

Committee Member, Dean's Faculty Advisory Committee. (August 2016 - April 2019).

Committee Member, Field Experiences Background Incident Review Committee. (February 21, 2013 - May 2018).

Chairperson, CEAP Early Literacy and Numeracy Task Force. (August 2017 - April 2018).

Committee Member, Human Services DCRD Committee. (August 2017 - April 2018).

Guest Speaker, Understanding Stress and Trauma, presentation for Beginning Teachers. (February 23, 2018).

Reviewer, SUTEP Grant Committee. (September 2017 - October 2017).

CAEP Steering Committee. (December 2016 - May 2017).

Committee Member, Human Services DCRD Committee. (December 2016 - April 2017).

Committee Member, Human Services TPR Committee. (October 2016 - April 2017).

Committee Member, Professional Education Council. (August 2016 - April 2017).

Grant Proposal Reviewer, Internal, Provost Internal Funding Support Grant. (February 8, 2017 - March 15, 2017).

Committee Member, TRACS Program Assistant Position. (December 2016).

Committee Member, Administrative Support Associate Search Committee, TRACS. (December 1, 2016 - December 17, 2016).

Reviewer, SUTEP Grant Committee. (September 2016 - October 2016).

Committee Member, SUTEP Grant Proposal Committee. (September 30, 2016 - October 7, 2016).

Guest Speaker, Leadership Technology Summit. (October 3, 2016).

Committee Member, Technology Support Analyst Search Committee: Coulter Faculty Center. (July 2016 - August 2016).

Committee Member, Internship Grading Committee. (December 2015 - May 2016).

Committee Member, Professional Examination Preparation (PrEP) Task Force. (December 2015 - May 2016).

Committee Chair, BK Search Committee, Fixed Term Position. (January 2016 - April 2016).

Committee Chair, BK Search Committee, Tenure Track Position. (November 2015 - March 2016).

Dissertation Committee Member, Dissertation Committee Member. (October 10, 2013 - July 2015).

Committee Member, WCU Leadership Academy Steering Committee. (June 2015).

Committee Member, BK Search Committee. (February 2015 - May 2015).

Committee Member, Online Certification Committee. (December 2014 - May 2015).

Committee Member, Academic Integrity Task Force. (February 2014 - May 2015).

Co-Coordinator of this event, Co-Coordinator of Literacy Workshop for Early Childhood Professionals. (November 2014 - March 27, 2015).

Committee Member, TPR Committee. (October 2014 - February 2015).

Committee Chair, Birth-Kindergarten Search Committee. (January 15, 2014 - April 30, 2014).

Chairperson, LMS Advisory Board. (September 2013 - April 2014).

Master's Thesis Committee Member, Master's Thesis Committee Member. (September 2011 - March 21, 2014).

Committee Member, Collegial Review Document Committee. (September 2012 - December 2013).

Committee Member, Search Committee for Distant Education Student Support Position. (September 2013 - October 2013).

Committee Member, Search Committee Distant Education Student Services Position. (August 2013 - September 2013).

Committee Member, Search Committee for Advisor for TRACS. (March 2013 - May 2013).

Master's Thesis Committee Member, Master's Thesis Committee Member. (September 2012 - May 2013).

Committee Member, Internationalizing Teacher Education: Planning Committee for Using Video Conferencing for Virtual Learning. (March 2012 - May 2013).

Committee Member, Field and Clinical Experiences Committee. (September 2011 - May 2013).

Committee Member, Teacher, Recruitment, Advising and Career Support (TRACS) Advisory Board. (September 2011 - May 2013).

Committee Member, Professional Education Council. (August 2011 - May 2013).

Committee Member, SoTL Award Committee. (March 2013 - April 2013).

Committee Member, LMS Advisory Board. (September 2012 - April 2013).

Committee Member, Search Committee for School Psychology Faculty Position. (January 2013 - March 2013).

Committee Member, Search Committee for the Director of the Office of Field Experiences (Summer, 2012). (May 2012 - June 2012).

Master's Thesis Committee Member, Master's Thesis Committee Member. (September 2011 - May 2012).

Chairperson, Birth-Kindergarten Search Committee (Spring 2012). (January 2012 - April 2012).

Committee Member, Collegial Review Document Committee. (September 2011 - December 2011).

Chairperson, Birth-Kindergarten Search Committee (Summer 2011). (June 2011 - August 2011).

Professional Service

Consultant, Swain County Schools, Bryson City, and the surrounding County. (August 2009 - Present).

Reviewer, Textbook, Rowan Publishing. (December 1, 2022 - December 5, 2022).

Discussant, Southeastern Psychological Association, Hilton Head, SC. (March 25, 2022).

Reviewer, Ad Hoc, Teachers and Teaching: Theory and Practice. (March 1, 2022).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (February 26, 2022).

Reviewer, Ad Hoc, Evaluation of the Strengths and Difficulties Questionnaire for Preschoolers in Urban Primary Care. (December 9, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (December 4, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (November 30, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (October 14, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (September 21, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (September 9, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (September 4, 2021).

Reviewer, Ad Hoc, Impact of Family, Neighborhood, and Schools on Behavioral Health Needs of Justice-Involved Latinx Adolescents Couple and Family Psychology: Research and Practice. (August 27, 2021).

Reviewer, Ad Hoc, Couple and Family Psychology: Research and Practice. (August 25, 2021).

Reviewer, Ad Hoc, International Journal of Public Health. (August 16, 2021).

Keynote Address, Region A Partnership for Children Early Literacy Symposium, Sylva, NC. (June 12, 2021).

Reviewer, Book, Routledge Publishing. (February 28, 2021).

Reviewer, Ad Hoc, Journal of Child and Family Studies. (February 14, 2021).

Reviewer, Ad Hoc, Couple and Family Psychology: Research and Practice. (January 8, 2021).

Reviewer, Southeastern Psychological Association. (November 14, 2020).

Reviewer, Brookes Publishing. (July 30, 2020).

Reviewer, Book, Brookes Publishing. (July 30, 2020).

Reviewer, Rowan and Littlefield Books. (March 1, 2020 - March 19, 2020).

Reviewer, Conference Paper, EarliSig. (February 2020).

Reviewer, Conference Paper, EarliSig. (February 2020).

Reviewer, Ad Hoc, Journal of Personality Assessment. (December 1, 2019 - December 26, 2019).

Reviewer, Conference Paper, Southeastern Psychological Association. (November 2019).

Tenure Reviewer, External, Kennesaw State University. (June 2019).

Reviewer, Textbook, Routledge Publishing. (April 1, 2019 - May 15, 2019).

Reviewer, Book, Rowan & Littlefield Publishers. (February 1, 2019 - February 28, 2019).

Committee Member, MAHEC Infant Mental Health Conference, Asheville. (September 2017 - June 2018).

Committee Member, Professional Development Work Group on Social Emotional Issues for Young Children, Sylva. (September 2017 - May 2018).

Conference-Related, Southeastern Psychological Association. (November 2017 - March 2018).

Session Chair, Southeastern Psychological Association. (March 9, 2018).

Session Chair, Southeastern Psychological Association, Atlanta, GA. (March 11, 2017).

Guest Speaker, 22nd Annual Neo-Peds Conference, MAHEC, Asheville, NC. (May 20, 2016).

Conference-Related, Southeastern Psychological Association. (December 2012 - December 2015).

- Committee Member, MAHEC Infant Mental Health Conference Planning Committee, Asheville, NC. (August 2011 June 2013).
- Reviewer, Ad Hoc, Applied Developmental Science. (May 2013).
- Consultant, East Swain Elementary School, Bryson City, NC. (April 2, 2013).
- Reviewer, Ad Hoc, Journal of Curriculum and Instruction. (October 2012).

Public Service

- Committee Member, The University of North Carolina System, ECEBK Transfer Advisory Committee, Chapel Hill, NC. (September, 2022 Present).
- Committee Member, NC Department of Public Instruction Literacy Task Force, Raleigh, NC. (December 22, 2019 Present).
- Committee Member, Blue Ridge Community College Early Childhood Advisory Board, Hendersonville. (April 3, 2019 Present).
- Committee Chair, Swain County Community Literacy Collaborative Guiding Team Member, Bryson. (March 18, 2019 Present).
- Committee Member, North Carolina BK Higher Education Consortium. (September 2017 Present).
- Attendee, Meeting, North Carolina Early Literacy Coalition, NC. (March 2019 November 2019).
- Attendee, Meeting, Swain County Community Literacy Collaboration Meeting, Bryson, NC. (February 26, 2019).
- Committee Member, Early Literacy Collaboration Group, Jackson County. (November 14, 2018).
- Committee Member, Early Literacy Collaboration Group, Haywood County. (November 7, 2018).
- Guest Speaker, CREW-Regional Professional Development Event for Educators, Cherokee, NC. (October 4, 2018).
- Committee Member, Early Education Articulation Agreement Work Group. (October 2017 April 2018).
- Workshop Organizer, Promoting Teachers' Classroom Management Skills, Waynesville. (February 22, 2018).
- Chairperson, BK Annual Conference: Digging Deeper: The Project Approach in Early Childhood. (October 6, 2017).
- Program Coordinator, BK Annual Conference: Digging Deeper: Building Self-Regulation in Early Childhood, Asheville, NC. (October 2016 March 17, 2017).
- Committee Member, AB-Tech Community College Advisory Board. (August 2011 April 2016).
- Program Coordinator, BK Annual Conference: Digging Deeper: Exploring Science with Young Children, Cullowhee, NC. (August 2015 March 11, 2016).

Committee Member, Caldwell Community College Advisory Board. (August 2011 - April 2015).

School Service

- "Literacy Workshop", Cherokee Central (Federal) (Cherokee Central Schools Elementary Preschool), 8 teachers served, and 5 administrators served. (October 13, 2021).
- "Facilitating a Workshop for Early Childhood Teachers, Haywood County", Western Region of NC, 25 teachers served, 2 administrators served. (March 3, 2015).
- "Young Children with Big Worries", Western Region of NC, (Trimont Christian Academy), 35 teachers served, 2 administrators served. (August 5, 2014).
- "Social Emotional Training", Western Region of NC, Swain (Bright Adventures Preschool Program), 91 B-12 students served, 10 teachers served, and 1 administrator served. (January 14, 2014 May 1, 2014).
- "Environment Consultation", Western Region of NC, Swain (Bright Adventures Preschool Program), 18 B-12 students served, 2 teachers served, and 1 administrator served. (March 1, 2014 March 31, 2014).
- "Incredible Years Workshop", 5 services, Western Region of NC, Macon (Trimont Christian Academy), 96 B-12 students served, 8 teachers served, 1 administrator served. (February 13, 2014 March 27, 2014).

Awards and Honors

Service, University

- Curtis W. Wood Award Nominate, Western Carolina University Graduate School, Service, University, University, (March 31, 2016).
- College of Education and Allied Professions Peak Performer Award, Western Carolina University Psychology Department, Service, University, College. (April 9, 2014).
- CEAP Service Award, Nominated, College of Education and Allied Professions, Service, University, College. (March 5, 2013).

Development Activities Attended

- The conference, "Support Kindergarten Readiness Using the Wellness Screener", Brookes Publishing, Online, Online, 1.5 credit hours. (September 22, 2022).
- Workshop, "Anxiety in Young Children: A Review of Assessment Approaches and Evidence-Based Interventions", Southeastern Psychological Association, Hilton Head, SC, 3 credit hours. (March 24, 2022).
- Conference, "Annual Cullowhee Communication Sciences Conference: Autism", Western Caroling University, Cullowhee, NC, 6 credit hours. (March 18, 2022).
- Workshop, "Assessing Sensory Integration & Processing in Individuals with Developmental Disabilities Mood Dysregulation Disorder", WPS, Online, Online, 1 credit hour. (March 10, 2022).

- Workshop, "Play and Assessment Yes! Reciprocal Partners in the Early Childhood Dance", Early Childhood Investigation Webinars, Online, Online, 1.5 credit hours. (September 15, 2021).
- Workshop, "Boosting Child Engagement Through Classroom Schedules and Routines", Brookes Publishing, 1 credit hour. (March 10, 2021).
- Workshop, "Supporting Early Childhood Inclusion Through Professional Collaboration: Two Heads are Better than One!", Brookes Publishing, 1 credit hour. (November 11, 2020).
- Workshop, "From Classroom to Zoom: How Early Childhood Educators can Support Families Virtually", Brookes Publishing, 1 credit hour. (November 4, 2020).
- Workshop, "Diagnosing Autism: Using CARS-2 to Diagnose ASD through Telehealth", TEACCH UNC- Chapel Hill, Chapel Hill, 3.5 credit hours. (October 16, 2020).
- Workshop, "Dual Language Learners in Early Childhood Classrooms", Brookes Publishing, 1 credit hour. (October 7, 2020).
- Workshop, "Standardizing Cognitive Behavioral Therapy (CBT): Unified Protocol for Integrated Care", MAHEC, 6 credit hours. (September 23, 2020).
- Workshop, "Ethical Challenges in Small Community Practice", AHEC, 3 credit hours. (September 12, 2020).
- Workshop, "Embedding Instruction for Young Children in Everyday Activities and Routines", Brookes Publishing, 1 credit hour. (May 26, 2020).
- "Transdisciplinary Play-based Assessment 2: Online Video Assessment. It's Possible", Brooks Publishing, 1 credit hour. (April 13, 2020).
- Workshop, "TPBA@: Can we do assessments via Zoom?", Brookes Publishing, 1 credit hour. (April 13, 2020).
- Workshop, "Understanding the Impact of Trauma on Behavior", Early Childhood Investigations Webinar, 1.5 credit hours. (March 25, 2020).
- Conference, "International Academic Integrity Conference, 2020", International Academic Integrity Committee, Portland, Oregon. (March 6, 2020 March 9, 2020).
- Workshop, "Rubber Bands and Umbrellas! 5 Practical Strategies for Helping Parents Understand Risk Factors, Protective Factors, and Resilience", Devereux Center for Resilient Children, 1 credit hour. (February 11, 2020).
- Continuing Education Program, "Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Introductory/Clinical Training", Vanderbilt University Medical Center, Nashville, TN, 14 credit hours. (January 23, 2020 January 24, 2020).
- Conference, "American Psychological Association Convention, 2018", American Psychological Association, San Fransico, California. (August 10, 2018 August 12, 2018).
- "Southeastern Psychological Association, 64th Meeting 2018", Southeastern Psychological Association, Charleston, South Carolina. (March 6, 2018 March 9, 2018).
- "CAEP Conference, Spring 2017", Council for the Accreditation of Educator Preparation, St. Louis, Missouri. (March 22, 2017 March 24, 2017).

- "Southeastern Psychological Association, 63rd Meeting, 2017", Southeastern Psychological Association, Atlanta, Georgia. (March 8, 2017 March 12, 2017).
- Conference, "Early Childhood Summer Institute", Pearson, Atlanta, Georgia, 15 credit hours. (June 27, 2016 June 30, 2016).
- "OLC 2016 Conference", Online Learning Consortium, New Orleans, Louisiana. (April 20, 2016 April 22, 2016).
- "Southeastern Psychological Association, 62nd Annual Meeting", Southeastern Psychological Association, New Orleans, Louisiana. (March 30, 2016 April 2, 2016).
- "Southeastern Psychological Association, 61st Annual Meeting, 2015", Southeastern Psychological Association, Hilton Head, South Carolina. (March 18, 2015 March 21, 2015).
- Workshop, "3rd Annual NCIMHA Conference and Annual Meeting", NC Infant Mental Health Association, Greensboro, North Carolina, USA, 6.25 credit hours. (November 14, 2014).
- Workshop, "10th Annual Infant Mental Health Conference", MAHEC, Asheville, North Carolina, USA, 6 credit hours. (September 19, 2014).
- Conference, "Nurturing the Brain Train-the-Trainer", NC Infant Mental Health Association, Hendersonville, North Carolina, USA, 12 credit hours. (May 20, 2014 May 21, 2014).
- "Southeastern Psychological Association, 60th Annual Meeting, 2014", Southeastern Psychological Association, Nashville, Tennessee. (March 5, 2014 March 8, 2014).
- Workshop, "MAHEC 9th Annual Infant Mental Health Conference", MAHEC, Asheville, North Carolina, USA, 6 credit hours. (October 15, 2013).
- Workshop, "The Incredible Years", Wake County Public Schools, Durham, North Carolina, USA, 21 credit hours. (August 12, 2013 August 14, 2013).
- Workshop, "Autism Team Training Module 1", Department of Public Instruction, Greensboro, North Carolina, USA, 6 credit hours. (July 25, 2013).
- "Southeastern Psychological Association, 59th Annual Meeting, 2013", Southeastern Psychological Association, Atlanta, Georgia. (March 13, 2013 March 16, 2013).
- Continuing Education Program, "Understanding Developmental Strengths and Needs Using the WPPSI-IV. Understanding and Assessing Executive Functions Using D-REF", NCSPA Mountain Region Association, Asheville, NC, 6 credit hours. (March 8, 2013).
- Continuing Education Program, "The 8th Annual Infant Mental Health Conference, MAHEC, Asheville, NC Jun 2011", MAHEC, Asheville, North Carolina, United States, 6 credit hours. (June 2012).
- Continuing Education Program, "The 7th Annual Infant Mental Health Conference, MAHEC, Asheville, NC Jun 2011", MAHEC, Asheville, North Carolina, United States, 6 credit hours. (June 2011).
- Continuing Education Program, "The 6th Annual Infant Mental Health Conference, MAHEC, Asheville, NC, June 2010", MAHEC, Asheville, North Carolina, United States, 6 credit hours. (June 2010).

Research/Writing Presentation, "NC Biotechnology Grant Writing Workshop", WCU Research, Cullowhee, North Carolina, United States. (April 6, 2009).